

# ARTS & LIFESTYLES

TIMES BEACON RECORD NEWS MEDIA  
JANUARY 25, 2024



**'I Love You, You're Perfect,  
Now Change' delights at  
the Engeman ♦ B13**

Gina Naomi Baez and  
Danny Bernardy in a  
scene from the show.

Photo courtesy of  
The John W. Engeman Theater

**ALSO: 'Jack and the Beanstalk' opens at Theatre Three B22 ♦ Review of 'Hope & Freckles 2' B23**



# Ranked Among the Top 1% of Hospitals in the Nation

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# Hope still lives in 2024

## PLAIN TALK

As 2024 unfolds, we find ourselves at war in the Middle East and in the Ukraine. Tens of thousands of innocent people have been slaughtered because of hate.



BY FATHER FRANCIS PIZZARELLI

We have people running for public office peddling the election lie, demeaning and name-calling fellow Americans who are also running for public office. The people in power sit in silence and by their silence they affirm it's okay to peddle lies and hatefully assassinate another person's character.

In the religious community, many of our major religious leaders keep silent and are complicit, making excuses for those who hate and have no respect for the human person.

Congress is paralyzed. They were elected to lead and for the most part are frozen in place and distracted by nonsense, instead of really doing the people's business.

COVID has impaired our educational system. The next generation of college students are ill prepared to continue higher education. Many don't even know what a declarative sentence is. They possess very weak critical thinking and writing skills. On some levels, we as educators have failed them. We must do things differently.

They have little or no interest in civics, or on becoming the next generation of public leaders. They are more fixated on their cell phones and their social media platforms.

Every semester I ask my freshman at St. Joseph's University and Suffolk County Community College how many would be willing to hand in their cell phone for the semester. The reaction is unfortunately



Pixabay photo

predictable. You would think I was asking for a kidney. Last semester not one student was willing to take the risk and do this.

As a student of human behavior, I have seen a steady increase in student isolation, student disconnectedness, anxiety, and depression. When I raised these observations, they affirmed what I was seeing. I asked why? They said COVID, cellular technology intensified their insecurity and their fear of reaching out and honestly not knowing how to do it!

However, hope still lives. Those same students indicated that they wanted to make a difference in the world. They wanted to feel and strengthen their human connectedness. I am cautiously optimistic with the right support and education their human connectedness will grow and be strengthened.

They are our next generation of leaders, teachers, social workers, law enforcement professionals, and healthcare professionals just to name a few of the professions before them. We need this generation to recapture compassion, service and the desire to make the world a better place. I am hopeful that they will do a better job than we did.

*Father Francis Pizzarelli, SMM, LCSW-R, ACSW, DCSW, is the director of Hope House Ministries in Port Jefferson.*

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## MEET YOGI BEAR!

This week's featured shelter pet is Yogi Bear, a senior who has been given a second chance at life, thanks to Save A Pet in Port Jefferson Station.

This sweet boy is a weathered soul with a scruffy coat and tired eyes that reflect the hardships he's endured. He had been wandering the streets forever, eating the scraps of food people sometimes tossed his way. Then he was taken off the streets and placed on death row at an overcrowded shelter. At his age, the chance of finding a forever home dwindled with each passing day. Then his luck changed. Save A Pet sprang to action and had him transported to Long Island.

Yogi is surprisingly resilient. Although he is nine or 10 years old, he loves to play and follows his caretakers around. A veterinarian has examined him and assured the shelter that he is fit for adoption. He has some arthritis and just wants a place to

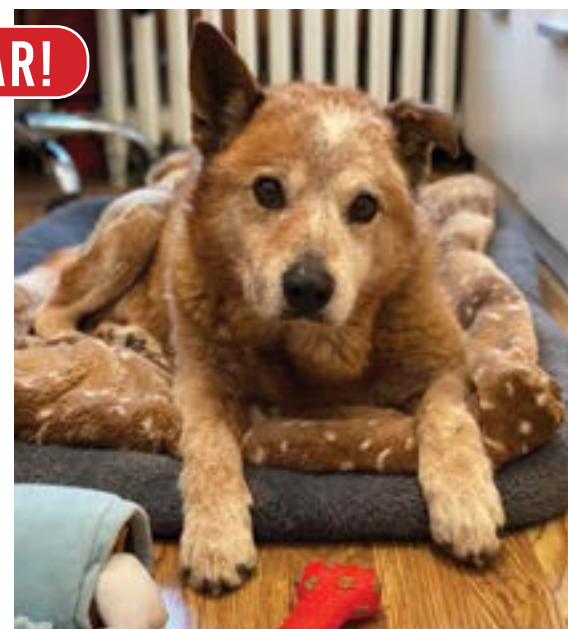


Photo courtesy of Save A Pet

hang his hat. If you see his sweet face and gentle eyes, you will understand why this dog deserves a loving family to give him the home he has always wanted, but never had.

Do you have room in your heart for this sweet old bear?

Located at 608 Route 112 in Port Jefferson Station, Save A Pet is open seven days a week. Call 631-473-6333.

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SESSION 2

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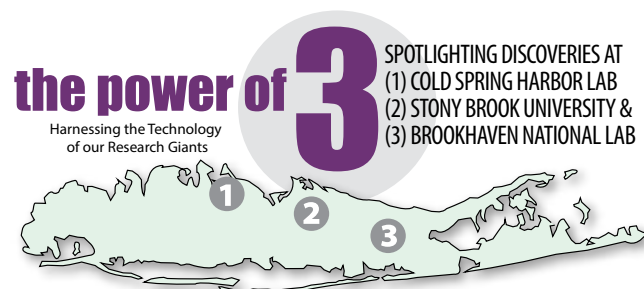
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# Evan Musterman goes from visiting scientist to postdoctoral researcher at BNL



BY DANIEL DUNAIEF

It's everywhere, from holding the water we drink to providing a cover over the Norman Rockwell painting of "The Three Umpires" to offering a translucent barrier between our frigid winter backyards and the warm living room.

## KNOWLEDGE SEEKERS

While we can hold it in our hands and readily see through it, glass and its manufacture, which has been ongoing for about 4,000 years, has numerous mysteries.

Indeed, given enough temperature and time, glass crystallizes. Controlling the process has been used to increase strength and chemical durability, tailor thermal properties and more over the last several decades.

Evan Musterman, who studied the way lasers served as a localized heat source to induce single crystal formation in glass when he was a graduate student at Bethlehem, Pennsylvania-based Lehigh University, joined Brookhaven National Laboratory in September as a postdoctoral researcher.

Musterman, who received funding for nine months at the end of his PhD program through the Department of Energy's Office of Science Graduate Student Research program when he was at Lehigh that enabled him to work at BNL, is adding scanning x-ray diffraction mapping as a more user-ready technique at the Submicron Resolution X-ray Spectroscopy beamline (or SRX) that he used as a graduate student.

The beamline looks at x-ray fluorescence measurements, which provide information about the elemental distribution and

chemical information, such as oxidation state and bond distances, in an experimental sample. The next component scientists are looking for is using diffraction to inform the crystal structure of the material and to gather information about strain, explained Andrew Kiss, the lead beamline scientist for the SRX.

Musterman hopes to build on the electron diffraction mapping he did during his PhD work when he studied the crystals he laser-fabricated in glass. X-rays, he explained, are more sensitive to atomic arrangements than electrons and are better at mapping strain.

Musterman's "background in materials science and crystal structures made him an excellent candidate for a post-doc position," Kiss said.

The SRX has applications in material science, geological science and biological imaging, among other disciplines.

## Glass questions

For his PhD research, Musterman worked to understand how glass is crystallizing, particularly as he applied a laser during the process. He explored how crystal growth in glass is unique compared with other methods, leading to new structures where the crystal lattice can rotate as it grows.

Musterman finds the crystallization of glass "fascinating." Using diffraction, he was able to watch the dynamics of the earliest stages after a crystal has formed. In his PhD work, he used a spectroscopy method to understand the dynamics of glass structure before the crystal had formed.

Musterman started working at the SRX beamline in June of 2022. He was already familiar with the



Evan Musterman Photo by Kevin Coughlin/Brookhaven National Laboratory

beamline operation, data collection and types of data he could acquire, which has given him a head start in terms of understanding the possibilities and limitations.

In his postdoctoral research, he is developing diffraction mapping and is also finishing up the experiments he conducted during his PhD.

Himanshu Jain, Musterman's PhD advisor at Lehigh who is Professor of Materials Science and Engineering, was pleased with the work Musterman did during his five years in his lab. Jain sees potential future extensions and applications of those efforts.

Musterman's research "forms a foundation for integrated photonics, which is expected to revolutionize communications, sensors, computation and other technologies the way integrated circuits and microelectronics did 50-60 years ago," Jain explained in an email. The goal is to "construct optical circuits of single crystal waveguides in a glass platform."

Musterman's work "showed details of these optical elements made in glass by a laser," he added.

Jain, who is an alumnus of BNL, indicated that his lab is continuing to pursue the research Musterman started, with his former graduate student as a collaborator and guide.

could crystallize glass materials to improve properties such as fracture resistance, which led to a new field of studies. Laser induced single crystal formation is one of the more recent developments.

Musterman and his colleagues found that laser crystallization does not always produce the same phase as bulk crystallization, although this is an active area of research.

Musterman created videos of the earliest stages of crystal growth under laser irradiation by direct imaging and with electron and x-ray diffraction.

Kiss anticipates that Musterman, who is reporting to him, will build infrastructure and understanding of the detection system in the first year, which includes building scanning routines to ensure that they know how to collect and interpret the data.

Once Musterman demonstrates this proficiency, the beamline scientists believe this expanded technical ability will interest scientists in several fields, such as materials science, energy science, Earth and environmental science and art conservation.

## Pitching in with former colleagues

While Musterman is not required to work with other beamline users, he has helped some of his former colleagues at Lehigh as they "try to get their best data," he said. He has also spoken with a scientist at Stony Brook University who has been collecting diffraction data.

A native of Troy, Missouri, Musterman lives in an apartment in Coram. When he was younger, he said science appealed to him because he was "always curious about how things worked." He said he frequently pestered his parents with questions.

His father John, who owns a metal fabrication and machining business, would take various ingredients from the kitchen and encourage his son to mix them to see what happened.

As for the future, Musterman would like to work longer term in a lab like Brookhaven National Laboratory or in industrial research.

POWER OF 3 continued on page B5



# What do I do if I receive a speeding ticket? Do I plead guilty?

## TRAFFIC COURT FORUM



BY SHANNON L. MALONE, ESQ.

Many of our clients have been inquiring about how traffic summons is being handled in Suffolk County, in particular, speeding tickets; the answers to these questions, depending on where in the county the ticket was received, tickets being prosecuted in the village in town, courts across Long Island may not be handled in the same way as those received elsewhere.

**How is a speeding ticket handled if received in one of the five western towns of Suffolk County, Long Island?**



For example, suppose you receive a ticket for speeding in the five western towns, Huntington, Smithtown Babylon Islip in Brookhaven, and not in an incorporated village, such as Head of the Harbor, Port Jefferson, Nissequoque, Islandia, and others. In that case, your case will be prosecuted in the central traffic court on Veterans Memorial Highway in Hauppauge in the H

Lee Dennison building. The Suffolk County traffic and parking violations agency works in many ways, like the Department of Motor Vehicles.

**How is the speeding ticket handled if received in an incorporated village or one of the eastern towns on Long Island?**

Suppose you receive a speeding ticket in an incorporated village or one of the towns on the east end of Suffolk County, such as Riverhead, Southampton, East Hampton, or Southold. Your case will be prosecuted in the local court in that village or town.

Each of these courts has its own rules concerning personal appearances; however, since the district attorney's office in Suffolk County prosecutes speeding tickets and other moving violations, the same rules governing what dispositions of your ticket are possible in the traffic court in Hauppauge might not prevail.

Specific plea-bargaining guidelines bind the prosecutors in the traffic court, while the Suffolk County District Attorney's office has its flexible guidelines.

### Take-Away

It is important that your attorney is fully aware of the different prosecutorial guidelines that are in place in the particular court where your speeding ticket is pending. Many law-abiding individuals tend to plead guilty instinctively, especially if it's their first ticket. However, pleading guilty can result in a heavy fine, a possible increase in your car insurance rates, and as many as 6 to 11 points on your driving license.

*Shannon L. Malone, Esq. is an Associate Attorney at Glynn Mercep Purcell and Morrison LLP in Setauket. She graduated from Touro Law, where she wrote and served as an editor of the Touro Law Review. Ms. Malone is a proud Stony Brook University alumna.*

## BNL's SRX beamline helps scientists and played important role for veterans

### POWER OF 3

Continued from page B4

BY DANIEL DUNAIEF

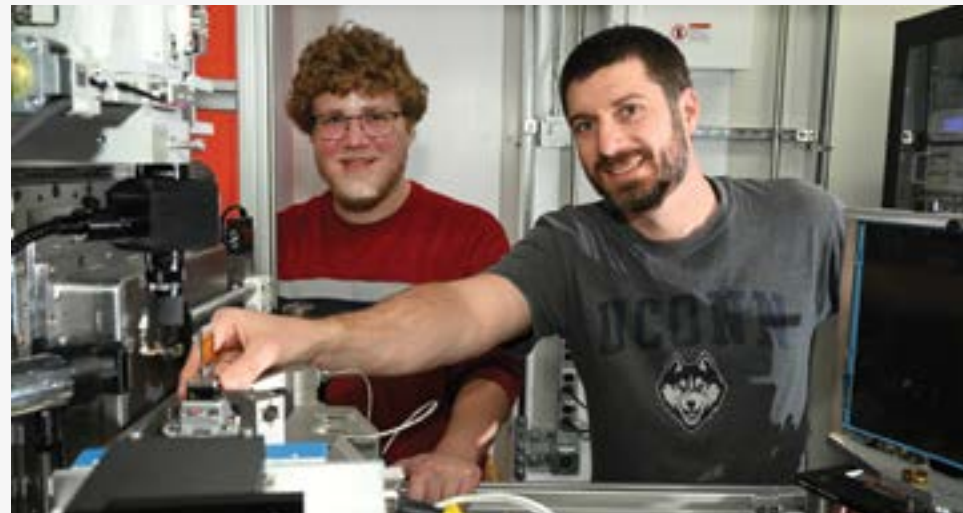
When he took over to lead the sub micron resolution X-ray spectroscopy, or SRX, beamline at Brookhaven National Laboratory on January 1, 2020, Andrew Kiss expected to balance between improving the machinery and helping visiting scientists use it. The pandemic, however, altered that balance.

BNL received components for the beamline in December 2019, when the researchers were going to try to take a fraction of the available x-ray time to install and commission it, all while still running experiments. The pandemic, however, kept scientists from visiting the site. That meant Kiss and his colleagues could dedicate more time to technical enhancements.

"Since the pandemic shut down the user program, this gave us an opportunity to focus all of our time on the new equipment" that visiting researchers could tap into when they returned, he explained in an email.

The beamline, which postdoctoral researcher Evan Musterman is enhancing further with diffraction techniques to reveal information about strain (*see related story on page B9*), is in high demand. During the current cycle, 324 researchers applied for beamline time, while 99 time slots were allocated.

Scientists have a range of ways of discovering which beamline might best suit their research needs, including word of mouth. Kiss has had conversations with



Evan Musterman with lead SRX beamline scientist Andy Kiss

Photo by Kevin Coughlin/Brookhaven National Laboratory

researchers who describe how they read something in a research paper and have similar goals.

Scientists "usually have a good idea of what instrument/ facility to use and why it is good for their research so informal conversations at conferences and seminars can be very useful," Kiss said.

Most of Kiss's time is dedicated to ensuring the stability and reliability of the beamline, as well as extending its capabilities to scan larger regions with less overhead, he explained.

"All of this is to help the researchers that come to the beamline, but my hope is that with this baseline of reliable and fast data acquisition, I can focus more on scientific topics such as metal additive manufacturing," Kiss wrote.

With the SRX, Kiss can explore applied questions related to corrosion effects or how a material is modified by exposure to different gases, liquids or other parameters.

Working at the beamline has given Kiss an unusual perspective outside the lab. A few years ago, he received a notification about a recall on baby food he purchased that could have elevated levels of something unhealthy in it. His second thought, after making sure he didn't give any to the child, was to wonder how much was in the food and if he could measure it. Before he could bring it to the lab, the contaminated food was already taken away with the garbage.

Kiss enjoys his work and suggested that the field attracts a "certain type of person and, once you are there, it is tough to pull yourself

away from the instrument and the community of researchers around you," he explained.

In addition to making basic discoveries in fields such as materials science, Earth science and biological sciences, the SRX beamline has played an important role in studies that have affected public policy.

Indeed, a study in 2022 showed that veterans who worked in Iraq and Afghanistan near burn pits had oxidized particles of iron and titanium in their lungs. "This is not direct evidence it came from a burn pit, but these were not seen in healthy lungs," Kiss said. Only a few places in the world had the kind of machinery with a bright enough source and high enough resolution to discover these particles.

Kiss appreciated the opportunity to have a "positive impact on these soldiers' lives by providing the measurements to get them help," he said. The discovery of these elements in the lungs of veterans who lived near burn pits and suffered health consequences, which the study at SRX and others helped demonstrate, led to the Pact Act, which President Joe Biden signed into law in 2022 and which provides \$280 billion in federal funding for the health effects veterans suffer after exposure to such toxins.

SRX has high spatial resolution and is highly sensitive to trace concentrations for elemental mapping and chemical composition. SRX is an x-ray fluorescence microscope with "high spatial resolution and highly sensitive to trace concentrations for elemental mapping and chemical composition," Kiss said. "If that can be used to help people's lives, that is a wonderful thing."

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## What Are Patients Saying?

### Reversing Diabetes

*My relatives all died from diabetes or the complications of the disease by the age of 57. I was on 4 diabetes medications including insulin when I started with Dr. Dunaief at age 55, but now I am on none. Plus, the numbness in my feet is gone and I am able to move my toes much better.*

Male, age 60

### Reversing High Blood Pressure

*I have been suffering from high blood pressure for years. Now the numbers are within the optimal ranges because of the changes in foods. The cardiologist in Florida said that I no longer need to be on blood pressure medications.*

Female, age 73

### Reversing Heart Disease

*Since working with Dr. Dunaief, I have been able to reverse my heart disease. I had substantial decrease in plaque buildup in my neck arteries as shown on carotid Doppler. My cardiologist said he was really impressed that he could no longer find inflammation associated with the disease. I am also excited that my cholesterol improved and was able to stop my medication.*

Male, age 70



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# Take a walk! Build your mental acuity and well-being

## MEDICAL COMPASS

What does it take to get us out of our seats? We know that exercise is good for our long-term physical and mental health, but it's still elusive for many of us. It's just too tempting to



BY DAVID M. DUNAIEF, MD

let the next episode of our new favorite series autoplay or to answer those last few emails.

Many of us tried to get out of gym class as kids and, as adults, we "want" to exercise, but we "don't have time." I once heard that the couch is as bad as the worst deep-fried food; it perpetuates inactivity. Even sleeping burns more calories than sitting and watching TV.

I have good news. There is an easy way to get tremendous benefit in very little time. You don't need expensive equipment, and you don't have to join a gym. You can even sharpen your wits — with your feet.

The New York Times' Science Times carried an article a few years ago about Esther Tuttle. At the time, Esther was 99 years old, sharp as a tack and was independently mobile, with no mobility aids required. She continued to stay active by walking in the morning for 30 minutes and then walking again in the afternoon. The skeptic might say that this is a nice story, but its value is anecdotal at best.

Well, evidence-based medicine backs up her claim that walking is a rudimentary and simple way to get exercise that shows incredible benefits. One mile of walking a day will help keep the doctor away. For the step-counters among you, that's about 2,000 steps a day for an adult with an average stride length.

### Does walking improve brain function?

Walking also has a powerful effect on preserving brain function and even growing certain areas of the brain (1). Walking between six and nine miles a week, or just one mile a day, reduced the risk of cognitive impairment over 13 years and actually increased the amount of gray matter tissue in the brain over nine years. Whoa!

Participants who had an increase in brain tissue volume also had a substantially reduced risk of developing cognitive impairment. Interestingly, the parts of the brain that grew included the hippocampus, involved with memory, and the frontal cortex, involved with short-term memory and executive decision making. There were 299 participants who were dementia free at the start of the trial. The mean participant age was 78. Imagine if you started younger?



METRO photo

In yet another study, moderate exercise reduced the risk of mild cognitive impairment with exercise begun in mid-to-late life (2).

Even better news is that, if you're pressed for time or if you're building up your stamina, you can split a mile into two half-mile increments. How long does it take you to walk a half-mile? You'll be surprised at how much better you will feel — and how much sharper your thinking is.

### How does walking affect mood?

Researchers performed a meta-analysis of other studies related to the relationship between exercise and depression. They found that adults who walked briskly for about 75 minutes per week cut their risk of depression by 18 percent (3). That's only half of what the Centers for Disease Control recommend.

If you ratchet up your exercise to running, a study showed that mood also improves, mollifying anger (4). The act of running actually increases your serotonin levels, a hormone that, when low, can make people agitated or angry. So, exercise may actually help you get your aggressions out.

### How do I reset my sitting 'habit'?

A particular challenge I hear these days is that working from home reduces much of the opportunity to walk. There's less walking down the hall to a meeting or to refill your water bottle. Instead, everything is only a few steps away. It's as if our work environment is actually working against us.

**You'll be surprised at how much better you will feel — and how much sharper your thinking is if you add walking to your daily regimen.**

If you need a little help getting motivated, here is a terrific strategy to get you off the couch or away from your computer: set an alarm for specific points throughout your day and use that as a prompt to get up and walk, even if it's for only 15 minutes. The miles will add up quickly.

A client of my wife's schedules meetings for no more than 50 minutes, so she can walk a "lap" around her house's interior between meetings. She also looks for opportunities to have a good old-fashioned phone call, rather than a video call, so she can walk around while she's talking or listening. Of course, this is one person, but it might give you some ideas that will work for you.

Walking has other benefits as well. We've all heard about the importance of doing weight-bearing exercise to prevent osteoporosis and osteoporotic fractures. Sadly, if you don't use them, bones weaken and break. Walking is a weight-bearing exercise that helps strengthen your joints, bones and muscles.

So, remember, use your feet to keep your mind sharp and yourself even-tempered. Activities like walking will help you keep a positive attitude, preserve your bones and help increase the plasticity of your brain.

### References:

- (1) Neurology Oct 2010, 75 (16) 1415-1422.
- (2) Arch Neurol. 2010;67(1):80-86.
- (3) JAMA Psychiatry 2022. 79(6), 500-559.
- (4) J Sport Exerc Psychol. 2010 Apr;32(2):253-261.

*Dr. David Dunaief is a speaker, author and local lifestyle medicine physician focusing on the integration of medicine, nutrition, fitness and stress management. For further information, visit [www.medicalcompassmd.com](http://www.medicalcompassmd.com) or consult your personal physician.*

## ONLY ON THE WEB:

The following articles can be found at [www.tbrnewsmedia.com](http://www.tbrnewsmedia.com)

- » Healthgrades names Mather Hospital one of America's Top 250 Hospitals
- » Artist Kusuma Bheemini to be featured at Apple Bank in Smithtown
- » Town of Brookhaven announces winter programs
- » Suffolk County Leg. Rob Trotta thanks all who participated in his Annual Winter Coat Drive
- » Shelter Cat of the Week: Taco Belle at the Smithtown Animal Shelter

## NEWS AROUND TOWN



### Victorian Valentine's Day

Join the Northport Historical Society, 215 Main St., Northport for a Victorian Valentine's Day on Thursday, Feb. 8 at 7 p.m. Make your date night, Gal-entine's, or early Valentine's Day celebration unforgettable! Education Coordinator Carol Taylor takes you on a journey from the beginning of Valentine's Day to modern times while learning (and sampling) wine paired with handcrafted chocolates. Your evening concludes with a gift provided by Nite Owl Promotions. Tickets are \$60, \$50 members and must be purchased in advance at [www.northporthistorical.org](http://www.northporthistorical.org). Ages 21+ only. Questions? Call 631-757-9859.

### Guilty Pleasures head to SPAC

Smithtown Performing Arts Center, 2 E. Main St, Smithtown presents Guilty Pleasures in concert on Saturday, Feb. 24 at 8 p.m. Six seasoned musicians transport you back to the 80s with high energy and flawless performances. Opening act will be Sweet Tea performing an acoustic tribute to Fleetwood Mac and Stevie Nicks. Tickets are \$35 per person at [www.smithtownpac.org](http://www.smithtownpac.org).

### Disability Awareness Program

Comsewogue Public Library, 170 Terryville Road, Port Jefferson Station presents a Disability Awareness program for parents on Tuesday, Jan. 30 from 7 to 8:30 p.m. Join Casey Fields as he shares his experiences as an adult with autism, his work with autistic children, and his advice for parents on making choices for their child. Open to all. Call 631-928-1212 or visit [www.cplib.org](http://www.cplib.org) to register.

### Repair Cafe heads to Greenlawn

Don't throw it away, fix it! Harborfields Public Library, 31 Broadway, Greenlawn in partnership with Starflower Experience, will host its second Repair Cafe on Saturday, Jan. 27 from 1:30 to 4:30 p.m. Bring your small items that you want to learn how to fix including jewelry, small appliances, clothes, toys, etc. Questions? Call 631-757-4200, ext. 453.

Send your News Around Town events to [leisure@tbrnewspapers.com](mailto:leisure@tbrnewspapers.com)

# COMMUNITY NEWS

## LIMEHOF hosts food drive

The Long Island Music and Entertainment Hall of Fame (LIMEHOF)/ Billy Joel Exhibit, 97 Main St., Stony Brook has partnered with Long Island Cares to hold a food drive now through Feb. 29. Bring a bag of non-perishable food to the exhibit and receive a half-price ticket when you buy one at full price, with a free Billy Joel poster thrown in. (Tickets must be purchased at the door, not in advance.) For more information, call 631-689-5888.

## Voices wanted

The North Shore Chamber Choir will hold auditions for singers at the First Presbyterian Church, 107 South St., Port Jefferson on Tuesday, January 30 at 7 p.m. There are openings in all sections. Concerts are tentatively scheduled for April 27 in Port Jefferson, April 28 in Wading River, and a third performance in the Riverhead area in early May.

The program for Spring 2023 will feature the world premiere of David Voss's work, The Resurrection Promise: A Cantata for Easter. Voss, who is the Artistic Director for the Chamber Choir, has composed a modern choral setting for the Easter Story, which also features

a bell choir, various instrumentalists, and soloists.

"We are excited to be able to bring David's music to life this spring, and we invite new members to join our choir in that effort. We all love to sing different genres of music —from Handel's Messiah each holiday season to adding something new and challenging to our repertoire. The Resurrection Promise is a beautiful piece of music, and we look forward to preparing it for our audiences," said Chamber Choir President Mary Cappasso.

For more information on the North Shore Chamber Choir's auditions, contact [president@northshorechamberchoir.org](mailto:president@northshorechamberchoir.org).

## Community blood drive

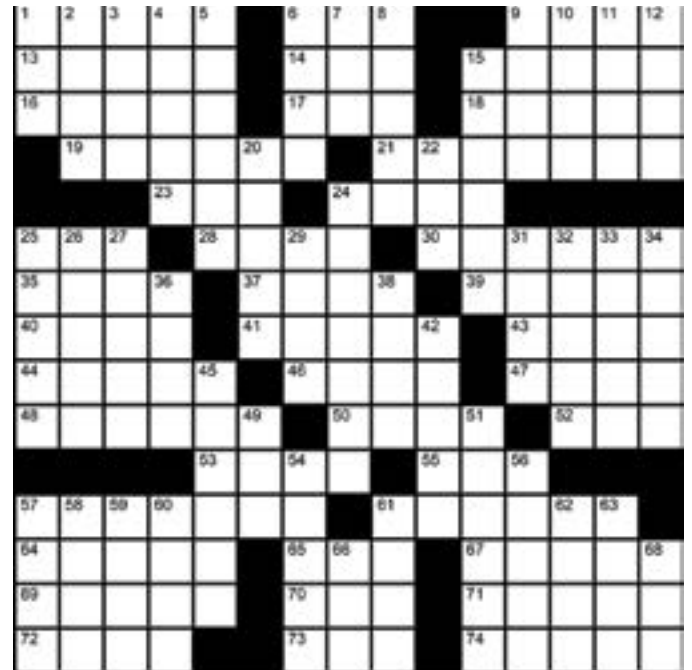
Scott's Pointe Adventure Park, 5835 Middle Country Road, Calverton will host a community blood drive on Sunday, Feb. 4 from 11 a.m. to 5 p.m. Sponsored by Assemblywoman Jodi Giglio, each participating donor will receive a 20% coupon off one ticket price at Scott's Pointe. Appointments are preferred by calling 800-933-BLOOD but walk-ins are welcome. For more information, please call 516-310-2382.

## CROSSWORD PUZZLE

### Geography 101

#### CLUES ACROSS

1. Village People's " \_\_\_\_ Man"
6. Certain tray content
9. Little bit, in Mexico
13. Ammo in a quiver, sing.
14. Geological Society of America
15. Young eel
16. Song of praise
17. Snowy \_\_\_\_ or great horned \_\_\_\_
18. Must-haves
19. \*Strait between Russia and Alaska
21. \*Smallest of the Great Lakes
23. Crime scene evidence
24. Peter the Great, e.g.
25. Consumer-protecting org.
28. Skiing helmet manufacturer
30. Mother-of-pearl, pl.
35. Type of sail, pl.
37. #29 Down anagram
39. Like Raphael's cherubs
40. Face shape
41. Tie with a morning coat
43. Dwarf buffalo
44. Short version
46. "At \_\_\_\_ , soldier"
47. Supposed giant Himalayan
48. Drool
50. Swimming hole
52. D.C. V.I.P.
53. Jim Acosta's announcement
55. \*Baltic \_\_\_\_
57. \*Of latitude
61. \*Bay east of India
64. Cuban dance
65. John Keats' "To Autumn," e.g.
67. Fortune teller's card
69. Jeered
70. China's drinkable export
71. Bird-related
72. Dick and Jane's dog
73. "Slippery" tree
74. Lean, past tense



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#### CLUES DOWN

1. \*Atlas page
2. Speedy steed
3. First Nation nation
4. Squirrel away
5. Possessing
6. Full of excitement
7. \*Opposite of NNE
8. Saintry rings
9. Guilty, e.g.
10. Last word on walkie-talkie
11. Ghana money
12. Guesstimate phrase (2 words)
15. Catch in a snare
20. Nigerian money
22. A Bobbsey twin
24. Steel on boots, pl.
25. \*Inlet in Norway
26. Abalone seeker
27. Olden day calculators
29. \*Compass \_\_\_\_
31. TV personality Aiken
32. Ancient Scandinavian characters
33. What actors do
34. \*Iberian Peninsula country
36. Serb or Croat
38. Comme ci, comme Ça
42. Past or present
45. Group of five
49. Actor DiCaprio
51. Like floss
54. "That's all she \_\_\_\_"
56. Tequila source
57. Work units
58. Wisecrack
59. Rounded protuberance
60. Aid in crime
61. Show pleasure
62. Cantatrice's offering
63. Student aid
66. \*Tierra \_\_\_\_ Fuego
68. Big bang maker, acr.

### Answers to last week's puzzle: Zodiac Signs



## SUDOKU PUZZLE



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**Directions:** Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

### Answers to last week's SUDOKU

4	3	5	7	9	8	6	1	2
7	6	2	3	1	5	4	8	9
9	8	1	6	2	4	5	3	7
1	2	8	5	4	9	7	6	3
3	7	9	8	6	2	1	5	4
6	5	4	1	7	3	9	2	8
8	4	7	2	5	1	3	9	6
5	9	3	4	8	6	2	7	1
2	1	6	9	3	7	8	4	5



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## COMINGS AND GOINGS

### Ryan Attard joins FCA

Family & Children's Association (FCA) recently named Ryan Attard of Huntington Vice President and Chief Operating Officer. FCA President and CEO, Jeffrey L. Reynolds, Ph.D. made the announcement on behalf of the organization.



Ryan Attard

"I am pleased to welcome Ryan to FCA," Reynolds said. "Her work on some of Long Island's most vexing challenges and wide-ranging knowledge of our region's landscape and stakeholders make her an ideal fit for the role as we add new programs."

In her new position, Attard will oversee FCA's program operations, IT, compliance, and quality assurance.

"I am thrilled to bring my knowledge and experience to the Family and Children's Association. As the new COO I am committed to harnessing the power of compassion, collaboration, and innovation to uplift those in need. Together we will create a brighter future for our community."

Prior to joining FCA Ryan served as a Deputy County Executive for Suffolk under Suffolk County Executive Steve Bellone.

### Helen Harrison retires from SBU

Helen Harrison, director of the Pollock-Krasner House and Study Center at Stony Brook University, is retiring after 34 years of service to the university. Credited with having the Pollock-Krasner House designated as a National Historic Landmark, securing an endowment for the property, establishing the Study Center and more, Harrison leaves behind a new university-endowed fellowship for studies in abstract expressionism.



Helen Harrison  
Photo by Durell Godfrey

"Helen Harrison's undertakings for Stony Brook University and the Department of Art have gone far beyond her duties as Director of the Pollock-Krasner House and Study Center," says former Interim Chair and Professor, Affiliated Faculty for Art, Margaret Schedel. "She has served the department in every facet of its entity, and at the highest level. As she ends her service to the University I would like to honor her years of dedication to our mission."



## BUSINESS NEWS

Photo courtesy of Mather Hospital

## Mather Hospital officially opens cardiac rehabilitation program

Mather Hospital, 75 North Country Road, Port Jefferson officially opened a new Cardiac Rehabilitation Program on Jan. 16 designed to help those who have suffered a major cardiac event such as a heart attack regain their overall physical, mental, and social functioning.

Studies show that individuals who have recent cardiac events and who participate in cardiac rehabilitation realize many benefits including increased life expectancy; reduced hospitalization; improved function, exercise capacity, mood and overall quality of life; a strong correlation between number of cardiac rehabilitation sessions and long-term results;

and improvement of modifiable risk factors such as physical activity, dietary choices, stress levels and more.

The program, which is housed in the Frey Family Foundation Medical Arts Building on the Mather campus, is tailored to meet individual needs, combining education and exercise in a supportive environment.

Conditions treated include recent myocardial infarction (heart attack); ercutaneous coronary intervention (stent); coronary artery bypass grafting (CABG); chronic stable angina; heart failure (systolic); cardiac transplantation; and valvular heart surgery.

After an initial evaluation, Mather Hospital's Cardiac Rehabilitation service guides patients through a 12-week program that includes exercise training with continuous ECG or heart monitoring, educational classes on heart health, and nutrition counseling.

Their team includes experienced cardiologists, registered nurses, physical therapists, registered dietitians, and licensed social workers. Together, they provide a thorough health assessment and set up a personalized treatment plan to maximize a patient's recovery and return to well-being.

Learn more at [matherhospital.org/cardiarehab](http://matherhospital.org/cardiarehab) or call 631-775-2426.

## Suffolk Credit Union partners with FHLB NY to secure grants for local organizations

Suffolk Credit Union recently gave seven local non-profit organizations a boost with their budgets by helping them secure grants from the Federal Home Loan Bank of New York (FHLB NY) Small Business Recovery Grant (SBRG) Program.

The St. Charles Foundation (Port Jefferson), St. Catherine of Siena Foundation (Smithtown) and Good Samaritan University Hospital Foundation (West Islip) received \$10,000. In addition, the Nassau Community College Foundation (Garden City), Brotherhood for the Fallen (Ronkonkoma), Suffolk Crime Stoppers (Yaphank) and New Beginnings Christian Church (Coram) received grants of \$5,000 each.

"Our team is proud to demonstrate our support for organizations that do so much to support our Long Island communities," said Michele Dean, CEO and President of Suffolk Credit Union. "As a community-focused credit union, it is gratifying to assist the dedicated organizations that received these grants as they continue their work to ensure the health, safety and well-being of all Long Islanders."

"FHLB NY members have continued to step up and answer the call from customers and communities that are facing economic challenges," said José R. González, CEO and President of the FHLB NY. "We have been honored to work alongside Suffolk Credit Union and other members to support these efforts through our Small Business Recovery Grant Program."



Pictured from left, Randy Howard, Chief Operating Officer, St. Catherine of Siena Hospital; Laura Racioppi, AVP, Corporate & Community Partnerships, Suffolk Credit Union; Declan Doyle, President, St. Catherine of Siena Hospital; Michele Dean, President & CEO, Suffolk Credit Union; Charles Schembri, EVP, Chief Experience Officer, Suffolk Credit Union.



# Bonita Mexican Steakhouse in Rocky Point celebrates grand opening

On January 11, Brookhaven Town Councilwoman Jane Bonner (second from right) attended the grand opening of Bonita Mexican Steakhouse & Latin Inspired Grill, located in the Crossroads Plaza West shopping center at 47 Route 25A in Rocky Point.

The new 3000-square foot restaurant is a diverse culinary experience, drawing inspiration from Argentina, Brazil, and Cuba and can seat up to 100 diners. The owners Steve (with scissor) and Mariella Salazar (third from right), emphasize the international flair with specialty dishes from around the world.

Bonita's journey to opening day has been well-documented on social media and it now radiates with a lively atmosphere, reflecting the diverse and flavorful offerings patrons can expect.

"I am happy to welcome Bonita Mexican Steakhouse to Rocky Point and encourage everyone to stop in, say hello and sample what they have to offer. It's a great addition to the community and I wish them the best of luck," said Councilwoman Bonner.

The restaurant is open 3 to 10 p.m. on Thursday, Friday and Monday, Saturday from 1 to 10 p.m., Sunday from 1 to 9 p.m. and Tuesday from 3 to 9 p.m., closed on Wednesdays. For more information, call 631-849-2344 or visit [bonitamexican.com](http://bonitamexican.com).

Photo courtesy of Councilwoman Bonner's office



# Island Federal Credit Union donates \$20,000 to Ronald McDonald House Charities New York Metro



Island Federal Credit Union (Island Federal) closed out 2023 by donating to Ronald McDonald House Charities New York Metro (RMHC NYM) to support their work with families that have a child receiving emergency medical care.

Island Federal donated \$20,000 to support the construction of a new Ronald McDonald House at Stony Brook Children's Hospital. Also, through the generosity of its employees and members, Island Federal presented more than 10 boxes of toys and games for families staying at RMHC NYM facilities to make their children's holiday a little more enjoyable.

"Ronald McDonald House Charities New York Metro does an amazing job serving families who have seriously ill children, both at their house in New Hyde Park and at Stony Brook Children's Hospital through

Matt Campo, CEO of RMHC NY Metro receives a check from Chris Murray/Vice President of Marketing at Island Federal.

Photo courtesy of Island Federal

their Family Rooms," said Chris Murray, VP/Marketing, Island Federal. "When we heard that they were launching a capital campaign to build a new Ronald McDonald House at Stony Brook Hospital, we were anxious to help."

"We have seen the number of families that we serve in Suffolk County continue to grow and so a new Ronald McDonald House at Stony Brook Hospital is essential to supporting families there," said Matt Campo, CEO, RMHC NY Metro. "This new house will provide comfort and overnight accommodations just like our New Hyde Park house, offering the parents and siblings of these children a temporary haven in a secure and comfortable environment among other families sharing a similar burden."

Ronald McDonald House Charities New York Metro (RMHC NYM) provides free lodging, meals, and emotional support to keep families seeking medical treatment for their sick children near the care they need and the families they love.



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**THEATER  
REVIEW**



From left, Danny Bernardy, Jason SweetTooth Williams, Gina Naomi Baez and Lauren Weinberg in a scene from the show. Photo courtesy of The John W. Engeman Theater

# 'I Love You, You're Perfect, Now Change' is the most relatable comedy you'll ever see

BY JULIANNE MOSHER

The John W. Engeman Theater's latest produce is perfect... and it should definitely not change.

During Saturday, Jan. 20's performance of *I Love You, You're Perfect, Now Change*, the Northport-based theater was full of nonstop laughs thanks to the four-piece ensemble on stage.

Starring Gina Naomi Baez and Lauren Weinberg as the two main women and Danny Bernardy and Jason SweetTooth Williams as the two men, this witty musical tackles modern love in all forms in separate vignettes per scene.

Originally premiering off-Broadway in 1996, the show ran for 12 years, making it off-Broadway's second longest running show. It has since premiered in a dozen countries and has been translated all over the world.

Directed and choreographed by John Simpkins, the show starts off with the four playing your general everyday people looking for love. The unnamed people sing about the hopes and dreams of their upcoming date that they each get dressed and ready for, "Cantana For a First Date." Immediately after, we see Baez and Bernardy chat it up after meeting in person for the first time after an online dating match.

The relatability of these songs and scenes is painful — in a good way. For those in long-term relationships, you'll cringe being

reminded what it was like on the dating scene. For those still single, you'll nod along in agreement to everything they complain about.

Matt DaSilva, who was Williams' understudy during Saturday night's performance, was stellar in his scenes, notably the third song about two awkward people on their first date. The fact that each actor was able to change characters per scene with ease was impressive — each having their own story to tell.

Other standout songs and performances came from "Men Who Talk and the Women Who Pretend They're Listening," "The Lasagna Incident," (with a beautiful ballad sung by Weinberg that shows off her phenomenal range), and "And Now the Parents." You can guess what each of those songs are about and how they relate to dating.

But the musical isn't only about looking for love. They capture the wedding day, a typical night for a married couple, childbearing and even death, too.

One number, that was sweet and funny, was "Funerals Are For Dating," featuring Baez and Bernardy who hysterically played two old timers meeting at an acquaintance's funeral. Bernardy tries to pick the mourning woman up and laughter ensues. However, it will leave you smiling because for such a funny moment mixed with sadness (talking about their deceased partners), you'll smile at the sweet sentiment the end of the number provides.

However, it's not entirely sweet. This show is definitely not recommended for someone who might be a prude. Other topics tackled are unhappy sex lives and why men send women pictures of their penis. Adult language and content are prevalent.

With a beautifully designed set, you will surely be impressed the moment you sit down. A setting described as "a city near you," the backdrop includes impressive buildings with windows to apartments, and throughout the stage, different living rooms and bedrooms are set up for the appropriate skits.

From the looks of the rooms to the costumes and experiences, this show is going to make you say, "too true" in relation to your life. I can guarantee at least one of the scenes will relate to you and your partner in any stage of your relationship.

Tip? Bring someone on a first date! Remind them what they're in for...

The John W. Engeman Theater, 250 Main St., Northport will present *I Love You, You're Perfect, Now Change* through March 3. Tickets are \$80 for Wednesday and Sunday evenings; \$85 for Thursdays; \$90 for Friday evenings, Saturday and Sunday matinees; and \$95 for Saturday evenings. Tickets may be purchased by calling 631-261-2900, going online at [www.engemantheater.com](http://www.engemantheater.com), or visiting the Engeman Theater Box Office at 250 Main Street, Northport.

## HOROSCOPES OF THE WEEK



### AQUARIUS – Jan 21/Feb 18

Don't put all of your trust in new information this week, Aquarius. It is likely unreliable, so take everything that is said with a grain of salt.

### PISCES – Feb 19/Mar 20

Your imagination is riding high this week, Pisces. Don't hinder it in any way so you can explore all of the creativity that is flowing out of you right now.

### ARIES – Mar 21/Apr 20

Aries, you may have an artistic talent that you haven't explored yet. Events this week may spur you on to try something new because inspiration is high for you right now.

### TAURUS – Apr 21/May 21

Taurus, your household may not agree on which remodeling changes to make. Unless you come up with a compromise, nothing will get done at all.

### GEMINI – May 22/June 21

A miscommunication with a loved one could have you trying to make amends soon enough, Gemini. Don't worry, you will easily resolve your differences in time.

### CANCER – June 22/July 22

Cancer, you might be asked for assistance by a close friend having financial troubles. Be careful about lending out money at this juncture because you don't want to cause issues for yourself.

### LEO – July 23/Aug 23

This week you may have a hard time integrating yourself into a group, Leo. Make a concerted effort to be supportive of others. This can be an effective way to get back into the group's good graces.

### VIRGO – Aug 24/Sept 22

Speaking with friends this week could help to address a number of things you're wrestling with, Virgo. Don't hesitate to lean on this support network.

### LIBRA – Sept 23/Oct 23

Libra, when you discover a mutual interest with someone you consider a friend, your bond may grow even deeper. Have fun spending time together.

### SCORPIO – Oct 24/Nov 22

Scorpio, something important to you doesn't seem to be moving along at the pace you had hoped it would. You might have to be a little more patient in this situation.

### SAGITTARIUS – Nov 23/Dec 21

General malaise may have you wondering if you are sick. It's likely nothing more than stress and fatigue. Keep an eye on symptoms moving forward.

### CAPRICORN – Dec 22/Jan 20

Capricorn, a romantic encounter you have been counting on may not pan out this week, or it may be less exciting than you imagined. Wait a few days before reevaluating things.



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Over 90 restaurants will be participating in Suffolk County including Limani Grille in Commack.

## Winter Long Island Restaurant Week kicks off Jan. 28

The tri-annual and award winning Long Island Restaurant Week is ready to kick off an exciting winter season and bring in customers to Long Island restaurants. The promotion will take place from Sunday, Jan. 28 to Sunday, Feb. 4 with several prix fixe options. Over 90 restaurants in Suffolk County will take part in the dining experience.

Participating restaurants may offer a \$24 two-course lunch, a \$29 three-course dinner menu, a \$39 three-course dinner menu and/or a \$46 three-course dinner prix fixe all night every night they are open (or during lunch hours) from Sunday to Sunday, except Saturday when it will be offered until 7

p.m. Many restaurants will be offering the promotion for takeout as well.

“We are excited to kick off 2024 with Winter Restaurant Week! On the heels of a great fall restaurant week that saw over 170 restaurants participating, winter is already lining up to be an exciting mix of cuisines and locations throughout the island. It’s the perfect time of year to try those restaurants you have been wanting to try” shares Nicole Castillo of Long Island Restaurant and Hospitality Group.

For a full list of participants and to view their menus, visit [www.longislandrestaurantweek.com](http://www.longislandrestaurantweek.com). For more information, call 631-329-2111.

## Restock the Pantry drive heads to Port Jefferson

The Port Jefferson Rotary Club and “Call Brian” Senior Services will sponsor a Restock the Pantry Food and Personal Care Items Drive in front of the Open Cupboard Pantry at Infant Jesus Church, 110 Hawkins St., Port Jefferson on Sunday, Jan. 28 from 9 a.m. to noon. The holidays are always a busy time at the pantry, and many of the basic items they distribute are in critically low supply.

Currently the pantry is in extreme need of juice, pancake mix (complete), pancake syrup, macaroni & cheese, healthy snacks, pasta, pasta sauce, ketchup, mayonnaise, mustard, Maseca flour, cooking oil, Chef Boyardee meals, ramen, peanut butter and jelly.

They are also in need of personal care items such as shampoo, conditioner, feminine products, baby wipes, soap, toothbrushes and toothpaste. For more information, call 631-938-6464.





# Satisfy your sweet tooth with chocolate brownies

BY HEIDI SUTTON

While throwing together a boxed mix of brownies is obviously the easiest way, homemade brownies are so worth the extra effort. While **LET'S EAT** some people prefer chewy brownies and others prefer fudgy and chocolaty ones, both of the following recipes are easy to prepare and produce a delicious crowd-pleasing treat. Whip up a batch for your next Super Bowl party or Valentine's Day.

## Best Ever Chewy Brownies

*Recipe courtesy of Food Network*

**YIELD:** Makes 8 to 10 servings

**INGREDIENTS:**

- Nonstick cooking spray, for spraying the baking pan
- 1 cup granulated sugar
- 1 cup dark brown sugar
- 2 teaspoons vanilla extract
- 1/2 teaspoon kosher salt
- 2 large eggs plus 2 yolks
- 1 stick unsalted butter, melted
- 8 ounces semisweet chocolate chips
- 1/2 cup vegetable oil
- 1 1/4 cups all-purpose flour
- 1/4 cup cocoa powder

**DIRECTIONS:**

Preheat the oven to 350 F. Line a 9-by-13-inch baking pan with parchment paper and spray with cooking spray. Combine the granulated sugar, brown sugar, vanilla, salt, whole eggs and yolks in a large bowl; set aside. Melt the butter and chocolate in a double boiler, then whisk together until fully combined. Mix in the vegetable oil. Pour the chocolate mixture into the sugar mixture and mix until fully combined. Fold in the flour and cocoa.

Pour the batter into the prepared pan and bake until a toothpick inserted in the center comes out clean, 30 to 35 minutes. Let cool completely before slicing.

## Sweetheart Dark Chocolate Brownies

*Recipe courtesy of Culinary.net*

**YIELD:** Makes 10 servings

**INGREDIENTS:**

*For the brownies:*

- 1/2 cup butter, cut into pieces
- 4 ounces dark chocolate, chopped
- 2 eggs, at room temperature
- 3/4 cup white sugar
- 1 teaspoon vanilla extract
- 1/2 cup all-purpose flour
- 1/4 cup unsweetened cocoa powder
- 1/2 teaspoon kosher salt

*For the glaze:*

- 2 ounces semisweet chocolate
- 1 tablespoon unsalted butter

**DIRECTIONS:**

Preheat the oven to 350°F. In small pot over low heat, melt 1/2 cup of butter and 4 ounces of dark chocolate together until smooth. Add eggs one at a time, and whisk to combine after each addition. Add sugar and vanilla and stir to combine. Add flour, cocoa powder and salt and stir until smooth.

Transfer batter into a 9 x 9 aluminum foil lined baking pan and place it into the oven for 25 minutes and bake until done.

While brownies are baking, melt together semisweet chocolate and 1 tablespoon of unsalted butter for the glaze. Once melted, set aside. When brownies are done, let them cool. Once cooled, drizzle glaze over brownies, and spread it on top using an offset spatula.

Want to upgrade your brownies? Before you add the batter to the pan try adding walnuts, pecans, peanuts, marshmallows, crushed pretzels, peppermint extract, chopped candies, chocolate chips or dried fruit.



Leftover brownies will keep in an airtight container at room temperature for 1-2 days, in the fridge for up to 4 days, or in the freezer for up to 3 months.

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**SALE DATES - Wed., January 24 - Tue., January 30, 2024**

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## Thursday 25

### Library Book Sale

Center Moriches Free Public Library, 235 Main St., Center Moriches will hold an Antique, Vintage, and Premium Book Sale sponsored by the Friends of the Library today from 2 to 8 p.m., Jan. 26 from 10 a.m. to 5 p.m. and Jan. 27 from 10 a.m. to 4 p.m. All proceeds benefit Library. 631-438-6972

### Beyond the Book Club

Whaling Museum, 301 Main St., Cold Spring Harbor continues its Beyond the Book Club series with *The Soul of the Octopus* at 6:30 p.m. Can an animal — not to mention an invertebrate — possess intelligence? Consciousness? A soul? These are some of the questions author Sy Montgomery tackles in her emotional and enlightening portrait of one of the ocean's most fascinating creatures — the octopus. Explore historical documents from the museum's collection that reveal how 19th century whalers viewed whales and discover how these views have changed over time. \$15 per participant. To register, visit [www.cshwhalingmuseum.org](http://www.cshwhalingmuseum.org).

### Native American Drumming

All Souls Parish House, 10 Mill Pond Road, Stony Brook will host an evening of Native American Drumming Meditation from 7 to 8:45 p.m. Led by elder drummer, Ric Statler, drumming meditation seeks to integrate the physical, mental, emotional, and spiritual parts of the human self, creating a state of well-being. Call 631-655-7798 for more information.

## Friday 26

### Coffee House concert

Celebrate St. James continues its Coffee House series at the St. James Calderone Theatre, 176 Second St., St. James with John Zollo featuring the songs of Tony Bennett at 7 p.m. with special coffee beverages, tea and sweet treats. Tickets are \$25, \$20 members. For tickets, visit [www.celebratestjames.org](http://www.celebratestjames.org). 631-984-0201

### American Heritage Night

Kings Park Heritage Museum, RJO Intermediate School auditorium, 101 Church St., Kings park presents American Heritage Night at 7 p.m. Featuring the Big Band sounds of The Gold Coast Jazz Band with a guest performance by Robert Levey II. Free admission. 631-269-3305, [www.kpheritagemuseum.net](http://www.kpheritagemuseum.net)

### Symphony Orchestra concert

The Northport Symphony Orchestra, under the baton of Music Director Eric Mahl, will present a classical music concert titled *Storytelling* at Northport High School, 154 Laurel Hill Road, Northport at 8 p.m. The concert will feature "Scheherazade" by Nicolai Rimsky-Korsakov and "Magnolias"

# Times ... and dates

## Jan. 25 to Feb. 1, 2024



### AN EVENING OF STORYTELLING

Northport Symphony Orchestra presents a winter concert at the Northport High School on Feb. 26. Photo courtesy of NSO

by Robert Nathaniel Dett. Tickets are \$15. [www.northportsymphony.org](http://www.northportsymphony.org).

### Friday Night Face-Off

Friday Night Face Off, Long Island's longest running Improv Comedy Show, returns to Theatre Three's Second Stage, 412 Main St., Port Jefferson tonight at 10:30 p.m. Using audience suggestions, FNFO pits two teams of improvisers against each other in an all-out championship! Recommended for ages 16 and up, due to adult content. Tickets are \$15 at the door – cash only. 631-928-9100

## Saturday 27

### Port Jefferson Ice Festival

Port Jefferson Business Improvement District (BID) in partnership with the Greater Port Jefferson Chamber of Commerce presents the 5th annual Port Jefferson Ice Festival today and Jan. 28 from noon to 5 p.m. Enjoy ice sculptures throughout the village along with live music,

dance performances, ice skating demos, live ice carvings by Rich Daly, character photo opportunities, horse-drawn wagon rides and more. Rain dates are Feb. 3 and 4. 631-473-1414

### Rock N Raptors fundraiser

Sweetbriar Nature Center will hold a Rock N Raptors fundraiser at the Bates House, 1 Bates Road, Setauket from 2 to 6 p.m. with live music, raptor presentations, raffles, games, food and more. Musical guests include 45 RPM, Screamer of the Week (Classic New Wave) and an acoustic duet with George Tebbitt and Mike Green of Beyond Fab. Tickets are \$25 per person, children under 12 free. To order, visit [www.sweetbriarnc.org](http://www.sweetbriarnc.org). 631-979-6344

### Ceramics fundraiser

Join the Art League of Long Island for a Ceramics Department Fundraiser at Vanderbilt Elementary School, 350 Deer Park Ave., Dix Hills at 5 p.m. Titled *Made with Mud, Kissed by Fire*, the event will

feature raffles, an auction, and hors-d'oeuvres for you to enjoy while helping the Art League enhance and maintain the facilities and equipment in their ceramic studios. \$55 admission fee includes a small bowl to go home with. Register at [www.artleagueli.org](http://www.artleagueli.org). 631-462-5400

## Sunday 28

### Port Jefferson Ice Festival

See Jan 27 listing.

### Le Petit Salon concert

Unitarian Universalist Fellowship, 380 Nicolls Road, E. Setauket hosts a Le Petit Salon de Musique classical concert featuring soprano Rachel Schutz and pianist Andrea Christie at 2 p.m. Titled *Silence* the program will include works by Morfydd Owen, Grace Williams, Margaret Bonds, Thomas Osborne and Sergei Rachmaninov. Tickets are \$20 adults, \$15 students \$10 ages 12 and under at the door. To purchase in advance, visit [www.lepetitsalon.org](http://www.lepetitsalon.org). 631-751-0297

### Ken McGorry in concert

The Long Island Music and Entertainment Hall of Fame, 97 Main St., Stony Brook will host a concert by Ken McGorry and the Achievements from 3 to 4 p.m. The event is free with general admission ticket purchase. For more information, call 689-5888 or visit [www.limusicshalloffame.org](http://www.limusicshalloffame.org).

## Monday 29

No events listed for this day.

## Tuesday 30

### NSJC Social Club event

North Shore Jewish Center Social Club, 385 Old Town Road, Port Jefferson Station invites the community to a concert by the barbershop quartet "Once Upon a Time" — 100 years of combined singing experience, entertaining audiences all around Long Island — in the Social Hall at 11 a.m. Bagels, cream cheese and coffee will be served. \$5 per person, \$4 members. 631-928-3737

## Wednesday 31

No events listed for this day.

## Thursday 1

### Unsung Heroes program

Comsewogue Public Library, 170 Terryville Road, Port Jefferson Station kicks off Black History month with a program titled *Unsung Heroes: Segregated Military Units* from 7 to 8 p.m. Learn about history of the African American units that bravely served their country in the face of discrimination. Open to all. Call 631-928-1212 or visit [www.cplib.org](http://www.cplib.org) to register.



## An Evening of Jazz

The Jazz Loft, 275 Christian Ave., Stony Brook presents a concert featuring The Jazz Loft Big Band, a 7-piece big band directed by Jazz Loft Director Tom Manuel, at 7 p.m. Tickets are \$30 adults, \$25 seniors, \$20 students, \$15 children and children under 5 years old are free. To order tickets, visit [www.thejazzloft.org](http://www.thejazzloft.org).

## Film

### 'Joke Man'

Join the Long Island Music and Entertainment Hall of Fame, 97 Main St., Stony Brook for a special screening of Jackie Martling's *Joke Man* on Jan. 27 at 7 p.m. Famous for being the head writer of the Howard Stern show for 15 years and infamous for leaving that position, Martling's life story is fascinating, funny, and heartwarming. *Joke Man* is a universal story of self-discovery and the how humor is one of the keys to happiness. Followed by a Q&A with Jacki Martling. Tickets are \$35 per person and includes admission to the Hall of Fame museum. For more information, call 689-5888 or visit [www.limusichalloffame.org](http://www.limusichalloffame.org).

### 'I Remember Mama'

Celebrate St. James continues its Classic Movie Series with a screening of *I Remember Mama* at the St. James Calderone Theatre, 176 Second St., St. James on Jan. 28 at 1 p.m. The 1948 film follows a young writer recalls her ups and downs of growing up as one of four

children to Norwegian immigrant parents in 1910s San Francisco. Tickets are \$25, \$20 seniors. To register, call 631-984-0201 or visit [www.celebratestjames.org](http://www.celebratestjames.org).

### 'Toxic Beauty'

Cinema Arts Centre, 423 Park Ave., Huntington and Green Inside and Out present a special screening of *Toxic Beauty* on Jan. 28 at 2:30 p.m. The documentary reveals the truth about harmful health consequences of chemicals found in everyday beauty products, the huge corporations that knowingly use them and the lack of governmental regulations to protect consumers and follows the class action lawsuit against Johnson & Johnson and the plaintiffs. Preceded by a panel discussion regarding the Toxic Free Cosmetics Act. Tickets are \$16, \$10 members at [www.cinemaartscentre.org](http://www.cinemaartscentre.org). 631-423-7610

## Theater

### 'The Gin Game'

Theatre Three, 412 Main Street, Port Jefferson presents D.L. Colburn's *The Gin Game* from Jan. 13 to Feb. 3. A fierce battle of wits and wills is revealed as a mismatched pair in a retirement facility inadvertently reveal their hearts as they show their hands in increasingly combative rounds of gin rummy. Poignant, powerful, and heartbreakingly honest, *The Gin Game* shows that secrets held close to the vest are not safe from being put on the table. The production stars Theatre Three

veterans Bradlee and Marci Bing. Tickets are \$40 adults, \$32 seniors and students. To order, call 631-928-9100 or visit [www.theatrethree.com](http://www.theatrethree.com).

### 'I Love You, You're Perfect ...'

John W. Engeman Theater, 250 Main St. Northport presents *I Love You, You're Perfect, Now Change*, a witty musical revue that tackles modern love in all its forms: from the perils and pitfalls of the first date to marriage, children, and the twilight years of life, from Jan. 18 to March 3. Set in the modern world and told in a series of vignettes and songs, *I Love You, You're Perfect, Now Change* traces the overall arc of relationships throughout the course of a life. To order tickets, call 631-261-2900 or visit [www.engemantheater.com](http://www.engemantheater.com). See review on page B13.

### '(Mostly) True Things'

The Performing Arts Studio, 224 East Main Street, Port Jefferson presents a production of (Mostly) True Things on Feb. 17 at 7 p.m. with stories on the theme Sucker For Love about those times we go to extremes, abandon reason and take big leaps because of love. Four storytellers will compete to win the audience's choice for the biggest "sucker for love." Also 3 of the stories will include subtle little lies, but all the stories are otherwise true. The audience gets to question the storytellers, then vote for the person they think told it straight. Tickets are \$20 online at [eventbrite.com](http://eventbrite.com), \$25 at the door (cash only).

## Farmers Markets

### Huntington Farmers Market

Spirit of Huntington Art Center, 2 Melville Road North, Huntington Station hosts the Long Island Winter Farmers Market every Sunday from 9 a.m. to 1 p.m. through March. 631-470-9620

### Port Jefferson Farmers Market

The Port Jefferson Winter Farmers Market returns to the Port Jefferson Village Center, 101 E. Broadway, Port Jefferson on Sundays from 10 a.m. to 2 p.m. through April 28. 631-802-2160

## Class Reunions

• **Centereach High School Class of 1974** will hold its 50th reunion at the Meadow Club, 1147 Route 112, Port Jefferson Station on April 26 from 6 to 10 p.m. For more information, email Jean Ann Renzulli at [Jarenz878@gmail.com](mailto:Jarenz878@gmail.com).

• **Port Jefferson High School Class of 1964** will hold its 60th reunion at the Meadow Club, 1147 Route 112, Port Jefferson Station on Oct. 17. For more information, email Mike Whelen at [Mikarlwhe@comcast.net](mailto:Mikarlwhe@comcast.net).

## 'The Wizard of Oz' heads to the big screen

Fathom Events' Big Screen Classics 2024 kicks off with the beloved 1939 fantasy *The Wizard of Oz* returning to select theaters nationwide in honor of its 85th anniversary on Jan. 28, 29, and 31.



In this classic musical fantasy, Judy Garland stars as Dorothy Gale, a young Kansas farm girl who dreams of a land "somewhere over the rainbow." Dorothy's dream comes true when she, her dog Toto, and her family's house are transported by a tornado to a bright and magical world unlike anything she has seen before. Unfortunately, she makes a mortal enemy of the Wicked Witch of the West when the house falls on her sister. Now, befriended by a scarecrow without a brain, a tin man with no heart and a cowardly lion, and protected by a pair of enchanted ruby slippers, Dorothy sets off along a yellow brick road for the Emerald City to beseech the all-powerful Wizard of Oz for his help to return home.

*The Wizard of Oz* received five Academy Award® nominations, including Best Picture (Outstanding Production), and captured two Oscars®—Best Song ("Over the Rainbow") and Best Original Score — plus a special award for Outstanding Juvenile Performance by Judy Garland.

Each screening includes an exclusive introduction by acclaimed film critic and historian Leonard Maltin, shedding light on the groundbreaking film's incredible legacy and lasting impact—both on cinema and pop culture.

Locally the film will be screened at AMC Stony Brook 17, Island 16 Cinema de Lux in Holtsville, Showcase Cinema de Lux in Farmingdale and Regal UA Farmingdale. For tickets, visit [www.fathomevents.com](http://www.fathomevents.com).



### UP FOR A GAME OF CARDS?

Catch a performance of 'The Gin Game' at Theatre Three. The show runs through Feb. 3.

Photo courtesy of Theatre Three

**CALENDAR DEADLINE** is Wednesday at noon, one week before publication. Items may be mailed to: Times Beacon Record News Media, P.O. Box 707, Setauket, NY 11733. Email your information about community events to [leisure@tbrnewspapers.com](mailto:leisure@tbrnewspapers.com). Calendar listings are for not-for-profit organizations (nonsectarian, nonpartisan events) only, on a space-available basis. Please include a phone number that can be printed.

# Religious Directory



## Catholic

### INFANT JESUS ROMAN CATHOLIC CHURCH

110 Myrtle Ave., Port Jefferson 631-473-0165  
Fax 631-331-8094

[www.www.infantjesus.org](http://www.www.infantjesus.org)

REVEREND GREGORY RANNAZZISI,  
PASTOR, ASSOCIATES:

REV. FRANCIS LASRADO &

REV. ROLANDO TICLLASUCA

Parish Outreach: 631-331-6145

Weekly Masses: 7:30am (Monday-Friday) and  
9am in the Church

Weekend Masses: Saturday at 4:30pm, Sunday  
9:00am and 12:00pm in the Chapel..

at 7:30 am, 8:45am (Spanish), 10:30am, and  
5pm in the Church

Spanish Masses: Wednesdays 6:00pm

Sunday at 8:45am

in the Church

The Sacrament of Reconciliation remains  
scheduled on Saturdays 12:30-1:15pm  
in the lower church.

are a pilgrim community journeying toward the fullness of the Kingdom of God, guided by the Holy Spirit, nourished by the Eucharist and formed by the Gospel. We strive to respond to Jesus invitation: to be faithful and fruitful disciples; to be a Good Samaritan to our neighbor and enemy; to be stewards of and for God's creation and to be living witness of Faith, Hope and Charity...so that in Jesus name, we may be a welcoming community, respectful of life in all its diversities.

## Catholic Traditional Latin Mass

### ST. MICHAEL THE ARCHANGEL SOCIETY OF SAINT PIUS X

900 Horseblock Road, Farmingville

631-736-6515 [sspxlongisland.com](http://sspxlongisland.com)

Sunday Masses at 7am and 9am

Please consult [sspxlongisland.com](http://sspxlongisland.com) for updates  
and current mass times.

Wednesdays and Thursdays 2:15PM-4:15PM  
MSCC Food Cupboard

233 N. Country Rd, Mt Sinai

Every other Tuesday 9:15-11:45

## Episcopal

### ALL SOULS EPISCOPAL CHURCH

On the hill across from

the Stony Brook Duck Pond

61 Main Street, Stony Brook

FATHER TOM REESE VICAR

Visit our website [www.allsoulsstonbrook.org](http://www.allsoulsstonbrook.org)  
or call 631-655-7798

Sunday: 8:00am Virtual Morning Prayer

9:30 Holy Eucharist with Organ Music

Tuesday: 8:00am

Interdenominational Morning Prayer

Wednesday: 12 noon

Interdenominational Rosary

We are a friendly welcoming community for all  
people.

make his love known to all through our lives and ministry. We at Christ church are a joyful, welcoming community. Wherever you are in your journey of life we want to be part of it.

### ST. ANSELM'S EPISCOPAL CHURCH

4 Woodville Rd., Shoreham

A place where all people, wherever you are in your journey, can find love and respect while getting to know the God who already loves you.

THE REV. JENN PILAT, RECTOR

email: [revjenn@stanselmofshoreham.org](mailto:revjenn@stanselmofshoreham.org)

Office phone: 631.744.7730

Office hours: Mon - Fri 9 am to Noon and by  
appointment [www.stanselmsofshoreham.org](http://www.stanselmsofshoreham.org)

<https://www.facebook.com/saintanselmepiscopal/>

Services

Saturday-5pm Eucharist

Sunday-8am and 10am

Monday-9:30 am Morning Prayer

Tuesday-8 pm Compline on Facebook Live

Thursday-9:30 am Morning Prayer

Friday-8 pm Compline on Facebook Live

Healing+ - Last weekend of each month

Anselm's Attic - Thrift Shop (631) 744-2636

Wednesdays & Saturdays 10 a.m. to 2 p.m.

Food Pantry

Saturdays 10 a.m. to Noon

Saint Anselm's Academy

New York State Licensed Childcare

8 weeks through Pre-K

[www.stanselmsacademy.org](http://www.stanselmsacademy.org)

## Christian

### ST. GERARD MAJELLA ROMAN CATHOLIC CHURCH

300 Terryville Road, Port Jefferson Station

631-473-2900 [www.stgmajella.org](http://www.stgmajella.org)

REV. GREGORY RANNAZZISI, PASTOR

Mass: Saturday 5pm

Sunday 8am, 10am & 12pm

Weekday Mass: 9am

Confessions: Saturday 3:45pm-4:45pm

Office Hours: Monday-Thursday 9am - 4:30pm

Thrift Shop: Monday-Thursday 10am - 4pm

and Friday 10am-2pm.

Baptism and Wedding arrangements can be  
made by calling the Parish Office.

### ISLAND CHRISTIAN CHURCH

400 Elwood Road, East Northport

IslandChristian.com

631-822-3000

PASTOR CHRISTOPHER COATS

Services In-Person + Online Sunday Mornings

9 AM + 11 AM

Fun religious education for kids

during each service

Children and Youth programs during the week,  
check out our website for more details

## Congregational

### MT. SINAI CONGREGATIONAL UNITED CHURCH OF CHRIST

233 North Country Road, Mt. Sinai

631-473-1582

[www.msucc.org](http://www.msucc.org)

We are a congregation committed to justice. All are welcome into our full life and ministry regardless of age, race, abilities, economic or marital status, gender, sexual orientation, or gender identification. We are a church that is open and affirming of all people, as we are each made in the image of God

Sunday Worship at 10am

Livestreaming on YouTube:

[@MtSinaiCongregationalChurchUCC](https://www.youtube.com/@MtSinaiCongregationalChurchUCC)

Sunday School at 10am

"No matter who you are or where you are on life's journey, you are welcome here."

Through our worship and by our actions

we strive to live out Christ's message

to love one another

The Island Heart Food Pantry

643 Middle Country Road, Middle Island NY

### CAROLINE EPISCOPAL CHURCH OF SETAUKET

1 Dyke Road on the Village Green, Setauket

Web site: [www.carolinechurch.net](http://www.carolinechurch.net)

email: [office@carolinechurch.net](mailto:office@carolinechurch.net)

631-941-4245

REV NICKOLAS C. GRIFFITH-RECTOR

REV ELLIOT T. CONRAD-PRIEST

Join us in celebrating 300 years of community,  
fellowship & ministry!

Services

5:00pm Saturdays Holy Eucharist

8:00am Sundays Holy Eucharist

9:30am Sundays Holy Eucharist w/ choir

12:15pm Wednesdays Noontday Prayer

10:00am Thursdays Healing Service

Sunday School & Children's Chapel

Safe Church certified teachers,

free nursery child-care,

a well-supervised, joyous environment,

fun workshops, themed events, and more!

Food Pantry

Open Wednesdays:

11:00am-12:00pm and \*6:00-7:00pm.

Entrance is located at the back of the

Marco C. Smith building.

All are welcome!

### ST. JAMES ROMAN CATHOLIC CHURCH

429 Rt. 25A, Setauket

Phone: 631-941-4141 Fax: 631-751-6607

Parish Office email:

[parish@stjamessetauket.org](mailto:parish@stjamessetauket.org)

[www.stjamessetauket.org](http://www.stjamessetauket.org)

REV. ROBERT KUZNIK, PASTOR

REV. ROBERT SCHECKENBACK,

ASSOCIATE PASTOR

REV. MIKE S. EZEATU,

SBU HOSPITAL CHAPLAIN, IN RESIDENCE

Office Hours: Monday-Friday 9am to 4pm ...

Saturday 9am

Our Daily Bread Sunday Soup Kitchen

opened 2-3pm, serving hot meals

To-Go and groceries

Food Pantry Open Every Wednesday

from 12 Noon to 2pm

Open Every Sunday from 2-3pm,

Mission Statement: We, the Catholic community of the Three Village area, formed as the Body of Christ through the waters of Baptism,

### ST. JOHN'S EPISCOPAL CHURCH

"To know Christ and to make Him known"

REV. DUNCAN A. BURNS, RECTOR

REV. ZACHARY D. BAKER, CURATE

REV. CLAIRE D. MIS, DEACON

Alex Pryrodny, Music Director

Services are:

Saturday at 5 p.m.

Sundays at 8 a.m. and 10 a.m.

THRIFT SHOP

Tuesdays, Thursdays, & Saturdays 12-3pm

12 PROSPECT ST, HUNTINGTON

(631) 427-1752

On Main St. next to the library

[info@stjohns1745.org](mailto:info@stjohns1745.org) (631) 427-1752

[Facebook.com/stjohns1745](https://www.facebook.com/stjohns1745)

## Jewish

### NORTH SHORE JEWISH CENTER

385 Old Town Rd.,

Port Jefferson Station

631-928-3737

[www.northshorejewishcenter.org](http://www.northshorejewishcenter.org)

RABBI AARON BENSON

CANTOR DANIEL KRAMER

EXECUTIVE DIRECTOR



# Religious Directory



## Jewish

MARCIE PLATKIN  
 PRINCIPAL HEATHER WELKES  
 YOUTH DIRECTOR JEN SCHWARTZ  
**Services:** Friday At 8 Pm; Saturday At 9:15 am  
 Daily Morning And Evening Minyan  
 Call For Times. Tot Shabbat Family Services  
 Sisterhood Men's  
 Club Seniors' Club Youth Group Continuing Ed  
 Adult Bar/Bat Mitzvah Judaica Shop  
 Food Pantry Lecture Series Jewish Film Series  
 NSJC JEWISH LEARNING CENTER  
 RELIGIOUS SCHOOL  
 Innovative Curriculum And  
 Programming For Children Ages 5-13  
 Imagine A Synagogue That Feels Like Home!  
 Come Connect With Us On Your  
 Jewish Journey. Member United Synagogue  
 Of Conservative Judaism.

## TEMPLE ISAIAH

1404 Stony Brook Road, Stony Brook  
 631-751-8518 [www.tisbny.org](http://www.tisbny.org)  
 Joyful Judaism in a warm, caring, musical,  
 multigenerational community devoted to  
 learning, prayer and friendship.  
 Member Union for Reform Judaism  
 RABBI/CANTOR/PRINCIPAL  
 JOSHUA GRAY  
 RABBIS EMERITI  
 ADAM D. FISHER, STEPHEN A. KAROL  
 CANTOR EMERITUS  
 MICHAEL F. TRACHTENBERG  
 Services:  
 1st Friday 6pm Family Service  
 Other Fridays 7:30pm  
 Saturday B'nai Mitzvah services 10am  
 Religious School Confirmation Class  
 Monthly Tot Shabbat  
 Torah Study Adult Education  
 Adult Bar and Bat Mitzvah  
 Brotherhood Sisterhood Book Club  
 Social Action and much more!

## Lutheran-ELCA

### HOPE LUTHERAN CHURCH AND ANCHOR NURSERY SCHOOL

46 Dare Road, Selden  
 631-732-2511  
**Emergency Number 516-848-5386**  
**Email: [office@hopelutheran.com](mailto:office@hopelutheran.com)**  
**Website: [www.hopeluth.com](http://www.hopeluth.com)**  
 REV. DR. RICHARD O. HILL and  
 REV. DALE NEWTON, PASTOR  
 On **Sundays** the services are at 9 and 10:30 a.m.  
 A link for all these services is on the  
 website: [www.hopeluth.com](http://www.hopeluth.com).  
**Sunday School (ages 3-11)**  
 Sundays at 9 a.m.  
**Kids' Club (ages 3-11)**  
 Wednesdays from 4-5:30 p.m.  
**Teen Ministry (ages 11-15)**

Saturdays 6:00-7:30 p.m.  
**Adult Study Groups**  
 on Tuesdays, Wednesdays, and Thursdays  
**Our Food Pantry** is open to everyone on  
 Thursdays from 12:30-2:30 p.m. for picking up  
 food. Also, donations can be made from 11  
 a.m.-noon or by making arrangements by leaving  
 a message on the church answering service.  
 Offerings to support our ministry can be made at  
 church services and through our website's  
 "Share God's Mission" page.  
 In any emergency, call the pastor at  
 516-848-5386

## ST. PAUL'S EVANGELICAL LUTHERAN CHURCH

309 Patchogue Road  
 Port Jefferson Station  
 631-473-2236  
**e-mail [PastorPaulDowning@yahoo.com](mailto:PastorPaulDowning@yahoo.com)**  
**pastor's cell phone voice or text 347-423-3623**  
**[www.StPaulsLCPJS.org](http://www.StPaulsLCPJS.org)**  
**[facebook.com/stpaulselca](https://facebook.com/stpaulselca)**

**Services**  
 Sundays 8:30am and 10:30am  
**Wednesday Bible Study**  
 over Zoom at 9:30  
 Friday Prayer Group at 10:30am  
 in church or zoom  
**WELCOME FRIENDS**  
 Provides free lunch in parking lot on  
 Tuesdays at 1:00 pm

## Methodist

### BETHEL AFRICAN METHODIST EPISCOPAL CHURCH

33 Christian Ave/ PO 2117, E. Setauket  
 631-941-3581  
 REV. LISA WILLIAMS PASTOR  
**Sunday Worship: 10:30 Am**  
 Adult Sunday School 9:30 Am  
**Lectionary Reading And Prayer:**  
 Wed. 12 Noon  
**Gospel Choir: Tues. 8 Pm**  
 Praise Choir And Youth Choir 3rd And 4th Fri.  
 6:30 PM.

### SETAUKET UNITED METHODIST CHURCH

160 Main Street, Corner of 25A  
 and Main Street  
 East Setauket 631-941-4167, or  
**email us at [sumcny@aol.com](mailto:sumcny@aol.com)**  
 Rev. Steven Kim, PASTOR  
**Sunday Worship Service and**  
**Sunday School at 10am**  
**Services are streamed online**  
**@ [www.setauketumc.org](http://www.setauketumc.org)**  
**and livestreamed on Facebook**  
 Holy Communion 1st Sunday of Month

Mary Martha Circle (Women's Ministry)  
 meets every 2nd Tuesday each month at 1pm  
*No Matter who you are or where you are on life's  
 journey, you're welcome here!*

## STONY BROOK COMMUNITY CHURCH

UNITED METHODIST  
 REV. CHUCK VAN HOUTEN, PASTOR  
 Connecting people to God, purpose, and each  
 other!  
 216 Christian Avenue, Stony Brook, NY 11790  
**Church Office: 631-751-0574**

**Email:**  
**[stonybrookcommunitychurch@gmail.com](mailto:stonybrookcommunitychurch@gmail.com)**  
 Website: [www.stonybrookcommunitychurch.org](http://www.stonybrookcommunitychurch.org)  
**Sunday Worship Service: 11:00 am**  
**Sunday School: 11:00 am**  
**Live stream link available on our website**  
 SBCC is a community of love, learning, and  
 outreach for individuals and families doing  
 God's work together. We are an inclusive,  
 evolving family of faith where everyone is  
 welcome- a place to belong. Our mission is to  
 grow in our love for God and one another and to  
 bring positive change to the world through  
 prayer and service.

**Holy Communion** 1st Sunday of the month

## Presbyterian

### FIRST PRESBYTERIAN CHURCH OF PORT JEFFERSON

107 South/Main Streets 631-473-0147  
*We are an accepting and caring people  
 who invite you  
 to share in the journey of faith with us.*  
**Email: [office@pjpres.org](mailto:office@pjpres.org)**  
**Website: [www.pjpres.org](http://www.pjpres.org)**  
**Sunday Worship Service-10 am**  
 Live streaming available on Facebook page  
**Holy Communion 1st Sunday of the Month**  
 Hot meals, groceries & clothing provided on a  
 take out basis by Welcome Friends on  
 Wednesday 5:00-6:00pm  
 and Fridays 3:30-5:00 pm  
 Call the church office or visit our website for  
 current activities and events.

### NYS Certified Non Denominational Preschool and Daycare

The purpose of First Presbyterian Church of Port  
 Jefferson is, with God's help, to share the joy &  
 good news of Jesus Christ with the congregation,  
 visitors and the community at large; to provide  
 comfort to those in need and hope to those in  
 despair; and to seek justice for all God's people.

### SETAUKET PRESBYTERIAN CHURCH

5 Caroline Avenue, On the Village Green  
 631-941-4271  
**[setauketpresbyterian@verizon.net](mailto:setauketpresbyterian@verizon.net)**

Celebrating & sharing the love of God  
 since 1660

We Do Good Together!  
 THE REV. DR. JOHANNA  
 McCUNE WAGNER

PASTOR AND HEAD OF STAFF  
 Worship with us in-person Sundays at 9:30AM  
 Our service is also available via live-stream.  
 Visit [www.setauketpresbyterian.org](http://www.setauketpresbyterian.org)  
 We are a Covenant Network,  
 More Light & Matthew 25 congregation  
 We believe ALL are created in the image of God  
 and we actively engage in making  
 our faith come alive.

**Sunday childcare available & Church School,**  
**Weekly small groups, Bible Study & Adult**  
**Christian Ed.,**

**Youth Group & Bell Choir -**  
**all ringers welcome**

**Setauket Presbyterian Preschool**  
[www.setauketpreschool.org](http://www.setauketpreschool.org)

Open Door Exchange (ODE)- furniture ministry  
[www.opendoorexchange.org](http://www.opendoorexchange.org)

Like us on Facebook - Setauket Presbyterian  
 Church, est 1660

Follow us on Instagram - setauketpres

## Quaker

### CONSCIENCE BAY MEETING

**Religious Society of Friends**  
 4 Friends Way, St. James 11780  
 631-928-2768 [www.consciencebayquakers.org](http://www.consciencebayquakers.org)  
 We gather in silent worship seeking  
 God/the Inner Light/Spirit.  
 We're guided by the Quaker testimonies of  
 simplicity, peace, integrity, community, equality  
 and stewardship. In-person worship blended  
 with virtual worship.

## Unitarian Universalist

### UNITARIAN UNIVERSALIST FELLOWSHIP AT STONY BROOK

380 Nicolls Road, East Setauket  
 631-751-0297  
**[uufsb.org](http://uufsb.org) office@uufsb.org**  
 PASTOR MADELYN CAMPBELL  
[minister@uufsb.org](mailto:minister@uufsb.org)  
 A spiritual home for individuals, couples, and  
 families of diverse religious and  
 social backgrounds.  
 A place to nurture your spirit and  
 help heal our world.  
**Sunday Service: 10:30 a.m.**  
 Or visit [www.uufsb.org](http://www.uufsb.org) to join us via live stream  
 on Sunday mornings.



PLEASE CALL OR VISIT YOUR PLACE OF WORSHIP'S WEBSITE FOR MORE INFORMATION AND GUIDANCE.

# Member Artist Showcase opens at Mills Pond Gallery

Smithtown Township Arts Council's Mills Pond Gallery in St. James highlights the talents of 87 of its artists with its annual Member Artist Showcase exhibit of original fine art for sale from Jan. 27 to Feb. 24.

Celebrating the creativity and rich tapestry of talent that defines our communities, the exhibit features works were created in a wide variety of mediums including acrylic, alabaster, bronze, charcoal, graphite, conte, gauche, ink, medium, mixed media, monotype print, oil, pastel, pencil, photography, photomontage, stained glass mosaic, watercolor and wood.

**ART EXHIBIT** Juror Susan Van Scoy will select this year's Member Artist Showcase winners. The four selected winners will be invited to exhibit in next year's Winners Showcase. Van Scoy is an Associate Professor of Art History at St. Joseph's College where she teaches courses on the history of photography, and American and Modern art.

The exhibiting artists hail from 53 communities...Suffolk County, Nassau County, Queens, Yonkers, and Westchester and include Adriana Masi, Amal, Angela Stratton, Anne Eckel, Annette Napolitano, Barbara Bilotta, Barbara V. Jones, Barry



From left, 'Carpe Diem,' stained glass mosaic by Gabriella Grama and 'Portrait of Clyde,' oil on canvas by Liz Kolligs will be on view through Feb. 24. Images courtesy of STAC

Feuerstein, Bart DeCeglie, Bobbie Ludwig, Carol Ceraso, Christopher Buckley, Cliff Miller, Constance Sloggat Wolf, David P. Doran, Debra Baker, Diane Motroni, Diane Oliva, Don Weber, Ellen Ferrigno, Eugene Adamowicz, Felecia Montfort, Frederic

Mendelsohn, Gabriella Grama, George Junker, Gia Horton, Hillary Serota Needle, Jacqueline DuBarry, Jacques Garant, Jane Corrarino, Janine Menlove, Jeanette Martone, Jim Minet, JoAnne Dumas, John Hunt, Joyce Bressler, Judy Stone, Karin Dutra, Kirsten DiGiovanni,

Kusuma Bheemini, Kyle Blumenthal, Lisa Marie Scrima-Castelli, Liz Kolligs, Lori Scarlatos, Lou Deutsch, Lynn Kinsella, Lynn Staiano, M. Ellen Winter, Madeline Stare, Mark Levine, Marsha Abrams, Mary Ann Vetter, Mary Waka, Matthew Lombardo, Merle McGarrett, Michael Hennessey, Myungja Anna Koh, Nicholas Valentino, Oscar Santiago, Pamela Waldroup, Pat Forie, Patricia DiGiovanni, Patricia Morrison, Patty Yantz, Paul Edelson, Paul Mele, Renee Caine, Robert Roehrig, Robert Tuska, Robert Wallkam, Roberta Rodgers, Roger Kramer, Ron Becker, Sean Pollock, Sebastian McLaughlin, Shain Bard, Stephen Shannon, Susan Guihan-Guasp, Teresa Idelowitz, Terry Tramantano, Theodora Zavala, Thomas DiCicco, Tina Anthony, Tracey Alemaghides, Tracy Mahler-Tekverk, Vivian Hershfield and William D. Reed.

The public is invited to an opening reception on Saturday, Jan. 27 from 1 to 4 p.m. to meet the artists and enjoy their art.

The Mills Pond Gallery is located at 660 Route 25A, St. James. Gallery hours are Wednesdays to Fridays from 10 a.m. to 4 p.m. and Saturdays and Sundays from noon to 4 p.m. For more information, call 631-862-6575, or visit [www.millspondgallery.org](http://www.millspondgallery.org).

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# SBU SPORTSWEEK



JANUARY 25 TO FEB. 1, 2024

**TOMORROW IS FRIDAY – WEAR RED ON CAMPUS!**

STONY BROOK UNIVERSITY

## Women's basketball narrowly edged by Campbell 75-73

Khari Clark knocked down a game-tying shot with 33 seconds left on the clock to send the game to overtime, but the Stony Brook women's basketball team was outscored 10-8 in the extra period and fell 75-73 to the Campbell Camels on the road Jan. 21, halting their 10 game winning streak.

The Seawolves (15-2, 5-1) had four players score in double figures, led by Victoria Keenan, who had a season-high 18 points in 29 minutes, the most minutes for the guard this season. Gigi Gonzalez tacked on 15 points and five assists and Khari Clark helped out with 13 points. Stony Brook out-rebounded Campbell 41-31 in Sunday's game, led by nine boards from Shamarla King. The Seawolves also pulled down 11 offensive rebounds and scored eight second chance points.

After falling behind 4-0, Stony Brook went on an 8-0 run with 7:01 left in the first quarter, culminating in a bucket from Gonzalez, to take an 8-4 lead. The Seawolves then added four points to that lead by the end of the period and entered the quarter break with a 15-7 advantage, finishing the quarter on a 12-2 run. Stony Brook knocked down two shots from deep to account for six of its 15 points.



Stony Brook kept its first quarter lead intact before going on a 5-0 run starting at the 8:36 mark in the second period, highlighted by a bucket from King, to increase its lead to 22-9. The Camels cut into that lead, but the Seawolves still enjoyed a 26-22 advantage

heading into halftime. Stony Brook was strong from deep in the period, knocking down two three-point shots to account for six of its 11 points, by Brantley and Keenan.

The squad continued to preserve its halftime lead before going on a 5-0 run to expand its

lead further to 31-24 with 8:24 to go in the third. Before the conclusion of the third period, the Camels had cut into that lead, but the Seawolves still entered the fourth quarter with a 45-44 edge. Stony Brook played well near the basket, scoring 12 of its 19 points in the paint, led by nine points from Clark in the post.

Stony Brook then surrendered that advantage as Campbell came back to take a 65-63 with two minutes remaining. But, Clark came up clutch for the Seawolves with her game-tying basket with just 33 seconds remaining to force OT. Pittman and Gonzalez led the scoring in fourth with eight and five points each, respectively. Campbell then edged ahead in overtime, leaving Stony Brook behind 75-73 at the final buzzer.

"We didn't defend well today and ultimately didn't get the defensive stops that we needed to win the game," said head coach Ashley Langford. "We will learn from this and get better." The team will return to the court on Jan. 28, as they host Drexel for their first of two meetings this season at 2 p.m.

## Track and field teams compete at Villanova Invite

The Stony Brook University women and men's track and field program competed at the Villanova Invite, hosted by Villanova University at the Ocean Breeze Athletic Complex in Staten Island on Jan. 20.

For the men's team, Seth Hilario, Collin Gilstrap and Carlos Santos all posted IC4A qualifying times to highlight the Seawolves notable performances.

Hilario finished sixth in the 60-meter hurdles with a time of 8.29. He improved upon his eighth-place, 8.38 clocking in the preliminary heat of the 60-meter hurdles. With his performance, Hilario moved to the No. 2 spot on the program's all-time 60-meter hurdles list. Gilstrap placed eighth in the 1,000-meter event, racing to a 2:26.71 clocking. Gilstrap's time was good enough to qualify him for IC4As. Santos also posted an IC4A qualifying time, finishing the 3,000-meter with a time of 8:16.71 and an eighth-place finish.

On the women's team, Amelie Guzman won the 3,000-meter event, while Rebecca Clackett posted an ECAC qualifying time as well.

Guzman grabbed her first individual win of the indoor season, placing first in the 3,000-meter event. She posted an ECAC qualifying time of 9:55.28. Clackett's ninth-place finish in the 1,000-meter event (2:56.98) earned her an ECAC qualifying time.

"Tonight the performances of Amelie Guzman winning the 3000m and Seth Hilario moving to the number two spot on the all-time 60m hurdles list were the highlights," said head coach Andy Ronan after the event.



Seth Hilario finished sixth in the 60-meter hurdles on Saturday.

The team returns to action next weekend at the Dr. Sander Invite, hosted by Columbia University at the Armory in New York, N.Y. on Jan. 26 and 27 at 10 a.m.

### Seawolves Home Games

#### MENS BASKETBALL

Jan. 25 vs. Monmouth ..... 6:31 p.m.  
 Jan. 27 vs. UNC Wilmington . 4 p.m.  
 Feb. 3 vs. Northeastern ..... 6:31 p.m.  
 Feb. 15 vs. Hampton ..... 6:31 p.m.  
 Feb. 22 vs. North Carolina A&T 6:31 p.m.  
 Feb. 24 vs. William & Mary .....1 p.m.  
 March 2 vs. Delaware ..... 4 p.m.

#### WOMENS BASKETBALL.

Jan. 28 vs. Drexel ..... 2 p.m.  
 Feb. 9 vs. Towson ..... 6:31 p.m.  
 Feb. 16 vs. Hofstra .....6:31 p.m.  
 Feb. 18 vs. Elon ..... 1 p.m.  
 Feb. 25 vs. Northeastern ..... 4 p.m.

Visit [www.stonybrookathletics.com](http://www.stonybrookathletics.com) for tickets and any last minute cancellations.



# KIDZ KORNER

## PROGRAMS

### First Steps in Nature

Sweetbriar Nature Center, 62 Eckernkamp Drive, Smithtown will host a First Steps into Nature program titled Discover Your Senses: Camouflage, Sounds, Textures, & 5 Senses on Jan. 26 at 9:30 a.m. Children ages 2 to 4 will learn about nature through hands on activities, music, crafts, stories and gain a greater appreciation of nature and wildlife while having fun. \$20 per class. To register, visit [www.sweetbriarnc.org](http://www.sweetbriarnc.org). 631-979-6344

### Growing Up Wild

Town of Brookhaven continues its nature programs series at the Cedar Beach Nature Center, 244 Harbor Beach Road, Mt. Sinai with Growing Up Wild on Jan. 27 at 10 a.m. and again at 2 p.m. Children ages 3 to 6 with a parent or caregiver will enjoy learning about nature through story time and a related craft or activity. Free but registration required by emailing [npcocchiare@brookhavenny.gov](mailto:npcocchiare@brookhavenny.gov).

### Story & Craft with Nana Carol

The Next Chapter bookstore, 204 New York Avenue Huntington hosts a Story and Craft event with Nana Carol on Jan. 29 at 10:30 a.m. No registration required. Appropriate for ages 0-4 (sometimes older siblings join as well). 631-482-5008

### Erupting Volcanoes

Sunken Meadow State Park, Sunken Meadow Parkway, Kings Park presents a Tiny Tots program titled Erupting Volcanos on Feb. 1 from 10 :30 to 11:30 a.m. Children ages 3 to 5 with a parent or caregiver will enjoy short walks, story time, animal visitors, and crafts. \$4 per child. To register, call 631-269-4333.

### Night at the Museum

Explore, learn, and lay after hours at the Long Island Explorium, 101 E. Broadway, Port Jefferson during its Night at the Museum event on Feb. 2 from 6 to 8 p.m. Children in grades 2 to 5 will enjoy pizza, play at the museum after-hours and participate in a fun STEM-themed activity. \$40 per child. To register, visit [www.longislandexplorium.org](http://www.longislandexplorium.org). 631-331-3277

## THEATER

### 'Frozen Jr.'

*Frozen Jr.* returns to the John W. Engeman Theater, 250 Main St., Northport on weekends from Jan. 27 to March 3. When faced with danger, princesses Anna and Elsa discover their hidden potential and the powerful bond of sisterhood. This enchanting musical features all of the memorable songs from the hit Disney film including "Do You Want to Build a Snowman?," "For the First Time in Forever" and "Let It Go." All seats are \$20. To order, call 631-261-2900 or visit [www.engemantheater.com](http://www.engemantheater.com).

### 'Jack and the Beanstalk'

Children's theater continues at Theatre Three, 412 Main St., Port Jefferson with *Jack and the Beanstalk* — or The Boy Who Cried "Giant!" from Jan. 20 to Feb. 3. A handful of magic beans starts our hero and his best friend, Filpail the Cow, on one of the best-remembered adventures. Come explore the Castle in the Sky with Jack as he learns the importance of truth-telling in a hilarious original musical for the entire family. All seats are \$12. To order, call 631-928-9100 or visit [www.theatrethree.com](http://www.theatrethree.com). See review on right.

## FILM

### 'The Wizard of Oz'

Cinema Arts Centre, 423 Park Ave., Huntington continues its Cinema for Kids! series with a screening of *The Wizard of Oz* on Jan. 28 at noon. In this classic musical fantasy, a young Kansas farm girl dreams of a land "somewhere over the rainbow." Dorothy's dream comes true when she, her dog, Toto, and her family's house are transported by a tornado to a bright and magical world unlike anything she has seen before. Tickets are \$13 adults, \$5 children 12 and under. [www.cinemaartscentre.org](http://www.cinemaartscentre.org).

## DANCE

### 'Swan Lake Act II'

Ballet Long Island, 1863 Pond Road, Ronkonkoma will present a performance of *Swan Lake Act II* on Feb 7 at 11 a.m. and 12:15 p.m. and Feb. 10 at 1 p.m. Dazzling white and beautiful best describe the second act of the most classical of all classical ballets: *Swan Lake*, choreographed to Tchaikovsky's brilliant music. Tickets are \$20 adult, \$10 senior citizen, \$10 children. To order, call 631-737-1984 or visit [www.balletlongisland.com](http://www.balletlongisland.com)



The cast of 'Jack and the Beanstalk' Photo by Steven Uihlein/Theatre Three Productions, Inc.

# Theatre Three's 'Jack and the Beanstalk' is GIANT fun!

BY HEIDI SUTTON

The temperature outside was a bone-chilling 22 degrees as I drove into Theatre Three's parking lot in Port Jefferson last Sunday morning. Once inside, however, the atmosphere was warm and inviting as families with young children settled in their seats to watch a most excellent performance of *Jack and the Beanstalk* or *The Boy Who Cried Giant!*

Written by Jeffrey Hoffman, Douglas J. Quattrock and Jeffrey Sanzel the original musical combines the well known fairytale with the classic fable *The Boy Who Cried Wolf* and tells the story of a nice boy named Jack (played by Sean Amato) who lives in a small village with his mother (Josie McSwane) and his best friend in the entire world, Filpail the Cow (Julia Albino).

But Jack has a problem — he tends to exaggerate and has told so many tall tales ("I can even wash a cat!," "My cow can speak in seven different languages!") that no one believes him anymore. "Someday your stories are going to get you in trouble," his mother warns. Jack also receives a visit from the Fairy Mary Goodwing (Cassidy Rose O'Brien) who tries to convince

him to "always tell the truth and you will be true to yourself."

One day his mother tells him that they have no other choice than to sell Filpail to Butcher Blackstone (Ryan Worrell). On the way to the market, Jack and his cow meet two pirate gypsies, Marco and Margot (Liam Marsigliano and Kaitlyn Jehle), who claim they want to buy Filpail for "cowpanionship" (they really want to sell her to Butcher Blackstone) and trick Jack into trading her for some magic beans.

Jack's mother is furious when she finds out what happened and throws the beans away. A giant beanstalk suddenly appears, signaling the start of a wonderful adventure.

In Act Two, Jack climbs the beanstalk and discovers a castle in the sky occupied by a cranky (and whiny!) giant (Ryan Worrell), the giant's wife (Gina Lardi), a golden harp (Liam Marsigliano) and a hen that lays golden eggs (Kaitlyn Jehle).

When Jack returns home and tells his mother and the villagers what he has seen no one believes him. He decides to return to the giant's castle with Filpail to bring something back as evidence. The giant's wife gives Jack a pair of her husband's enormous pants. But as they are about to leave, the

giant gets a whiff of the boy and his cow ("Fee Fi Fo Fum!"). Will they escape in time?

Under the direction of Steven Uihlein, a talented cast of eight adult actors play multiple roles during this action adventure. The songs, accompanied on piano by Douglas J. Quattrock, are catchy and fun and there's even a tap dance number choreographed by Sari Feldman.

Costume designer Jason Allyn deserves "giant" accolades for the beautiful outfits and props, including a three-foot-long sneaker and a beanstalk that magically grows all the way to the ceiling.

With the important message that one should always tell the truth, *Jack and the Beanstalk* will warm your heart. Don't miss this one. Meet the cast in the lobby after the show for photos.

Theatre Three, 412 Main St., Port Jefferson presents *Jack and the Beanstalk* through Feb. 3. Children's theater continues with *Dorothy's Adventures in Oz* from Feb. 21 to March 16; *The Adventures of Peter Rabbit* from April 13 to 27; and a brand new show, *The Mystery of the Missing Ever After*, from May 25 to June 15. All seats are \$12. To order, call 631-928-9100 or visit [www.theatrethree.com](http://www.theatrethree.com).



# 'Hope and Freckles' sequel teaches kids about refugee struggle with animal cast

BY MELISSA ARNOLD

Four years ago, Bill Kiley of East Northport published his first book for children, *Hope and Freckles: Fleeing to a Better Forest*. The book follows a mother deer, Hope, and her young fawn, Freckles, as their lifelong home in the Olden

**BOOK REVIEW** Forest becomes increasingly dangerous. Food is also scarce, and the pair have no choice but to run away in search of a safer place to live.

Now Kiley has published a second book in the series, *Hope and Freckles: Learning to Live in a New Land*.

As the newest residents of the Big Pine Forest, Hope and Freckles each struggle in their own ways to adjust to life in their new home. The language spoken in Big Pine Forest is unfamiliar, and while young Freckles catches on quickly, Hope lags behind and needs help communicating with others.

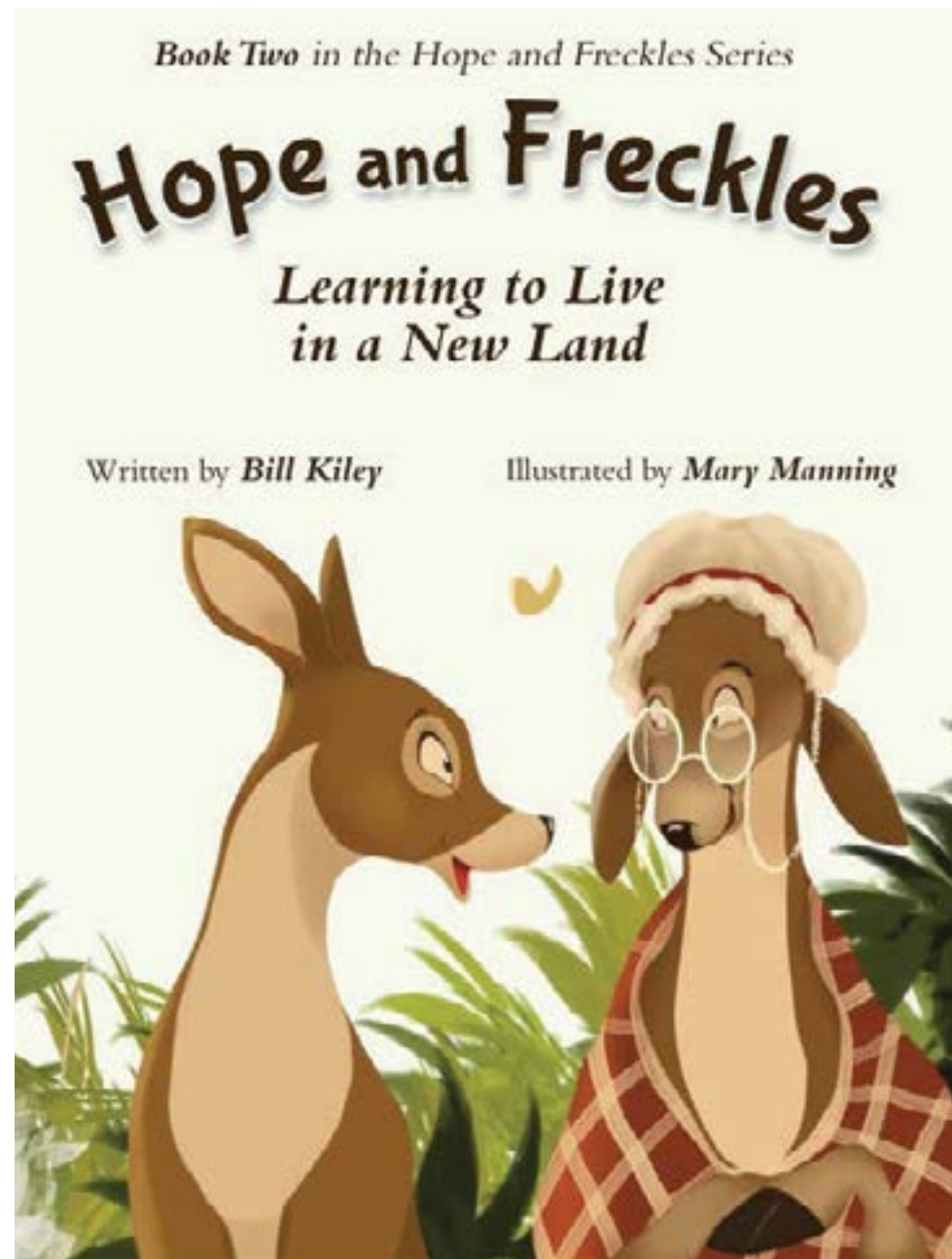
Big Pine's reaction to Hope and Freckles is mixed, and not all of their neighbors are kind. Some are curious about the newcomers, who have a different fur color and eat strange foods, while others are suspicious or even rude. Hope and Freckles have to make daily decisions about when to blend in and when to honor their own ways of doing things.

As in the previous *Hope and Freckles* installment, this story gives young readers a first glimpse into the difficult choices made by refugees and immigrants seeking a fresh start in the United States. The book gently and compassionately explains concepts like asylum-seeking, discrimination, cultural traditions and assimilation in an age-appropriate way.

There's something for everyone in this book — toddlers will love the vivid wildlife art and adorable faces of the characters. Illustrator Mary Manning has a classic style that's perfect for a children's book, and it's hard not to think of *Bambi* while moving through the story.

For older readers who are ready to explore the book's deeper message, a useful collection of vocabulary words, questions and resources will help kick off discussions about real-world issues. Teachers, parents and other adult leaders can easily build a lesson around this material.

Kiley spent more than 30 years in law enforcement and was profoundly impacted by the experiences of immigrants and refugees he met. Their reasons for leaving



home spanned from famine and drought to political upheaval and oppression.

Following his retirement, political issues and humanitarian crises around the world led Kiley to do more research on refugees. The United Nations High Commissioner for Refugees (UNHCR) estimates there are currently 37 million refugees around the world.

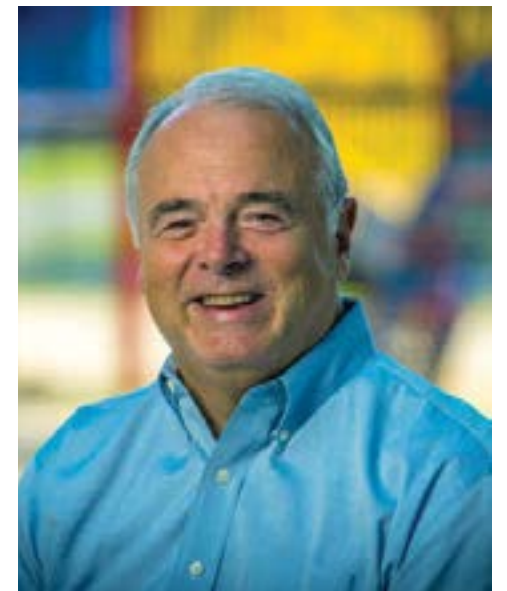
"I became frustrated by the negative opinions held by some people toward all immigrants, and I wanted to do what I could to change those views. So I thought, what if I wrote a book series geared toward children that could introduce them to the difficulties faced by refugees, while also

making an impact on the adults who read along with them?" he recalled.

Since then, he's spoken in schools and churches about immigration issues, and even visited college students to talk about writing children's literature.

While the *Hope and Freckles* books are geared towards younger readers, one especially poignant memory for Kiley came from a visit to a local high school. He told the students to imagine coming home from school and being told they needed to leave their home forever in 30 minutes, and could only bring a backpack.

Their teacher had the students do the exercise at home, then write a reflection



Author Bill Kiley

**'I have a deeply-held belief that we are all brothers and sisters. We can choose to ignore people who are suffering, we can choose to reject or demonize them, or we can educate ourselves, talk to one another and work to find solutions.'**

—BILL KILEY

about what items they packed and how they felt throughout the process.

"I was so impressed by the feelings they shared about that experience ... most importantly, that they had never considered what it would be like to have to leave everything you love behind and that their eyes were opened to what other people are facing," Kiley said.

The author hopes that his books encourage readers to reach out to people who are different from them, including those of various races, cultures, economic backgrounds and social identities.

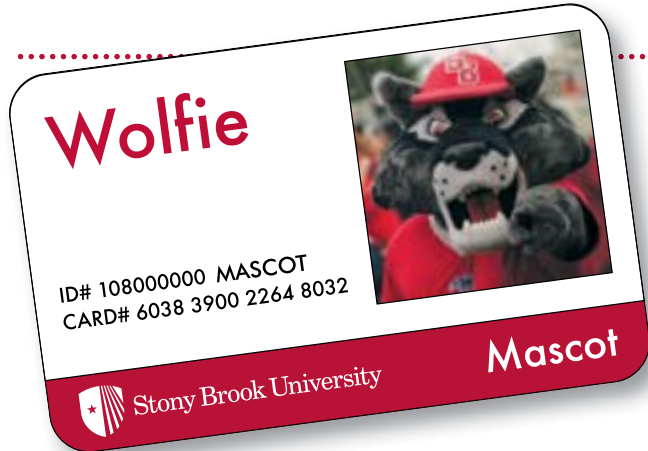
Kiley is currently working on a third *Hope and Freckles* book that focuses on what causes "othering" and discrimination. He aims to include animal characters with disabilities, as well as different family structures and religious beliefs.

"I have a deeply-held belief that we are all brothers and sisters," he said. "We can choose to ignore people who are suffering, we can choose to reject or demonize them, or we can educate ourselves, talk to one another and work to find solutions."

*Hope and Freckles: Learning to Live in a New Land* is available at your favorite online booksellers. For educational resources, updates and more from Bill Kiley, visit [www.hopeandfreckles.com](http://www.hopeandfreckles.com).

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